

INSIDE



Winning ways

Scotch Plains' Senior American Legion team won the District I tournament and will play in the state finals this weekend in Denville, while Westfield's squad exceeded all expectations to register a 15-8 record. For stories on both teams, see Page C-1.



Quite a trick

Among the young skaters making use of the skate park on LaGrande Avenue in Fanwood over the weekend was 11-year-old Ryan McCarthy, shown here riding a ramp. For more pictures from the park, see Page B-1.



Art exhibit of Children's

"Bonding," a photograph by Deb Anne Nero, is one of the works on display at Children's Specialized Hospital during the months of August and September. The exhibit features Nero's photos and paintings by the New Jersey Watercolor Society. For more on arts and entertainment in the area, turn to Prime Time on Page B-2.

REMINDER

Victorian display at Osborn House

The Osborn Cannonball House will feature porcelain and china pieces from the post-Civil War period as it opens its doors to the public 2-4 p.m. Sunday. The house is located at 1840 Front St., Scotch Plains.

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Talks on boro project move slowly

By KEVIN S. HOWELL
THE RECORD-PRESS

FANWOOD — Coming into this year, downtown redevelopment was at the top of the borough's list of priorities. Yet, there has been little or no talk of the project publicly since the council's reorganization meeting in January.

The Borough Council selected Landmark Communities as the developer in December, and has been negotiating a redevelopment agreement with the firm since May — a process that has taken longer than some had hoped.

"I think talks are going very well," said Councilman Joel

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NICOLE DIMELLA/STAFF PHOTOGRAPHER

How to beat the heat

Meghan Pettit, 6, stays cool Sunday as she takes a ride down the water slide at the Westfield Memorial Pool.

Traffic, size draw concern at deck forum

Objections echo those raised at prior meetings

By KEVIN S. HOWELL
THE RECORD-PRESS

WESTFIELD — It was a different crowd, a different deck, but the same story.

Residents filled Council Chambers Tuesday and had their say about the design and appearance of the planned redevelopment project at Prospect and Elm streets. But much like last week's meeting on the South Avenue project, comments strayed beyond the structures of the discussion and focused on issues such as traffic.

Project planner Sean Davis

braved the crowd again, responding to many of the same questions from last week. At the beginning of the forum he displayed some of the concerns mentioned last week, including traffic, and said that the developers would address them. Yet, residents made sure he and developer HKT Nassau knew exactly how concerned they were.

Most residents, particularly from Prospect Street, were concerned with the traffic that would be created by the deck and development. They said that cars are already backed up from the intersection at Prospect and East Broad streets, and couldn't fathom how the area could handle more traffic. As at the last meeting, Davis explained that there will be a traffic study to analyze the impact and because of the intense resident concerns, that process will move faster than is usual.

Residents referenced the town

(Continued on page A-2)

Scotch Plains hosts a 'Night Out' Tuesday

SCOTCH PLAINS — Neighborhoods throughout the township are invited to join forces with thousands of communities nationwide for the 20th annual National Night Out crime and drug prevention event Tuesday.

National Night Out, which is sponsored by the National Association of Town Watch (NATW) and co-sponsored locally by the township police and recreation departments, will involve more than 9,700 communities in every state, U.S. territories, Canadian cities and military bases around the world. The event is also supported in part by the U.S. Department of Justice, Bureau of Justice Assistance.

In all, more than 33 million people are expected to participate in America's night out against crime.

The event is designed to: heighten awareness of crime and drug prevention; generate support for and participation in local anticrime efforts; strengthen neighborhood spirit and police community partnerships; and send a message to criminals letting them know neighborhoods are organized and fighting back.

From 7-10 p.m., residents are asked to lock their doors, turn on outside lights and spend the evening outside with neighbors and police. Members of the police department will be joining the Recreation

Commission on the Village Green for live music and games. The concert and festivities will begin at 7 p.m. Anyone planning to attend should arrive early.

Police will offer games, giveaways, fingerprinting, child identification packets, as well as information on crime prevention, neighborhood watch and the local DARE program. The Police Athletic League will be available for registration for its fall football, flag football and cheerleading programs scheduled to begin in mid August.

Fire squads, motorcycle units, mounted police and other specialized teams from around the area are scheduled to be on

hand, including a K-9 demonstration from the county Sheriff's Department. There will also be a fun center for children to play. Refreshments will be available.

"We look forward to a big turnout on the Village Green," said Police Chief Marshall Nelson. "Everyone involved with this event has worked hard on making this night a success."

Recreation Director Ray Poerio added: "We are excited about the events planned for Aug. 5. This is a great opportunity for the community to come together. The Recreation Department strongly supports

(Continued on page A-2)

Catching up with the classics



A 1936 Ford coupe sporting a flashy flame job, above, was one of the main attractions at Tuesday's classic car show in Westfield. And below, a 1967 Chevy proved that some classics never lose their appeal. The event was sponsored by the Westfield Area Chamber of Commerce.



GEORGE PACCIELLO/STAFF PHOTOGRAPHER

Westfield rejects request to transfer parking permits

By KEVIN S. HOWELL
THE RECORD-PRESS

WESTFIELD — Parking director Capt. John Morgan gave his own pitch for the Prospect and Elm streets parking deck prior to public forum Tuesday night. At a Town Council conference meeting earlier in the evening, Morgan discussed employee permit parking, saying the waiting list for north side parking justifies a deck.

The issue a hand was not the parking deck or overselling lots, however. It was a request to transfer permits, which Morgan opposed and the council ultimately denied.

Couch Braunsdorf Insurance Group, which moved out of 241 North Ave. West, petitioned the council to allow it to transfer its 45 permits to the new business tenant of the building. The council would have had to make an exception for the company, because permit transfers from tenants is prohibited in the town code.

"There is a way you can accommodate (the company) — rewrite the law," Morgan said in answer to a question from Councilman Rafael Betancourt.

The council had to weigh its decision based on the regulations, and the fact that 45 employees of the new business will not have a place to park. But James Gildes, town administrator, explained that there are several employees of other downtown businesses that have been waiting for permits and allowing the transfer would permit new employees to come right in and get those permits.

Morgan explained that prob-

lems occur when property owners control the permits instead business owners. In those situations, the owners can hold on to permits for new tenants, controlling spaces that could go to employees of other businesses. Morgan said he knows of three downtown property owners who control a total of about 100 permits.

Morgan explained that there are 61 people on the waiting list for permits in Lot 9, which is designated for employees. He said that businesses have an option to either pay for their employees' permits or have the employee will pay for the permit.

Because the demand for spaces is so great, companies can spend long periods on the wait list. Morgan said that if a business is next on the waiting list, and it needs permits for 10 employees, it will get the next 10 permits.

Anytime an employee leaves and a permit is no longer being used, the employer can hold on to the permit until it hires a new worker or the employee can return it, if he or she paid for it, and get a refund. All unused permits are collected by town upon renewal, Morgan added.

Morgan plans to monitor the system more carefully this fall by requiring proof of employment, such as pay stubs, for those acquiring permits.

Morgan added the problems with the permit waiting list and new employers lacking parking accommodations are perfect examples of the need for the Prospect and Elm streets parking deck.

"There is a way you can accommodate (the company) — rewrite the law."
— Capt. John Morgan
parking director

Talks on project move slowly

(Continued from page A-1)

Whitaker. But, he acknowledged, "We hoped to be done by now. I expect it will actually be done by next month at least."

A tentative schedule distributed last year called for a redevelopment agreement to be in place within four months after the designation of the developer. That same timeline called for construction to begin 18 months after a developer was chosen, or about this time next year.

Whitaker said that the two sides don't meet every week but rather get together with their respective teams to discuss issues before they come to the table. Attorney Frank Regan, a professional planner and lawyer specializing in redevelopment law, is working in behalf of the borough in the negotiations.

Whitaker didn't want to discuss specifics of the discussions, but said that the parties are exploring issues such as parking, the appropriate number of residential units and the retail and residential mix.

The council declared the six-and-a-half-acre downtown block

— encompassing the area of Second Street and Martine, South and LaGrande avenues — an area in need of redevelopment in June 2001. A year later, the council adopted the redevelopment plan for the block, calling for commercial businesses on the first floor and residential units on the second on Martine and South avenues, and residential housing along LaGrande Avenue and Second Street.

In Landmark's proposal submitted last August, the company presented Station Square as a Victorian-style downtown development. There were two alternative site plans: one with multi-family residential units and the other with townhouses.

According to the density and design analysis of the proposal, there will be approximately 40,000 square feet of first floor retail and 35 housing units on the second floor on Martine and South. The proposal calls for either 42 townhouses or 48 multi-family units on Second Street and LaGrande Avenue.

If the townhouses alternative is selected, Landmark estimates a need for 435 parking spaces for

the development, with 520 spaces needed if multifamily units are constructed. Despite the demands, the proposal allots 352 spaces for the townhouses plan and 384 spaces for the multifamily homes plan, which the developer avows will be sufficient.

Whitaker said that the developer will fund the entire project as it acquires the downtown block. The proposal stated the site has an assessed value of \$2.5 million and a market value of approximately \$6.1 million. With additional acquisition and relocation expenses, the cost could exceed \$7.4 million, according to the proposal.

Landmark is conducting preliminary environmental studies on the properties to make sure there aren't any overriding problems, Whitaker said. At a public meeting last year, a Landmark representative said the plan is to demolish and rebuild the structures on the block.

Whitaker said that by September there could be an agreement, as well as amendments to the redevelopment plan.

Concerns heard at deck forum

(Continued from page A-1)

Parking Advisory Committee's report that recommended that parking for Trader Joe's be moved in front of the store, thus eliminating access to the store from Prospect Street and reducing the amount of traffic. Davis agreed to examine that issue, as well as making the driveway to the deck from Prospect an entrance only.

Residents were also concerned with the size of the deck and the retail and residential mix. The preliminary plans call for a three-story, 470-space deck. The Elm Street side would have retail space and four apartments above, while the Prospect Street side would have 11 condominiums and no retail.

Though most of the land for retail and residential developments will remain town property and be leased to the developer, the land for the condos will likely be purchased by the developer, who in turn will sell the units.

There was also some discussion about whom the deck will serve. Though the main purpose is to accommodate downtown employees and get their cars off the streets, it will also serve shoppers and the new development's retail customers and residents, according to Davis.

Some residents wanted to make the deck

primarily long-term parking for employees and have the property owners — the main benefactors of the deck, in some attendees' eyes — bear the burden of the financial risks.

Joe Spector, a Prospect Street resident and downtown business owner, was one of a few residents to affirm the need for additional parking and support the decks.

Charlie Weidman, chairman of the Parking Advisory Committee and a Planning Board member, also expressed the need for parking, yet explained that according to the committee's report, the council will only be meeting half the downtown parking demand. The committee recommended two smaller-sized decks, one at the proposed site and the other at the lot behind the Rialto.

Davis compiled a list of concerns and suggestions as at the last meeting, this time listing nearly 40 items. He also announced that per request, the group will launch a website, www.westfieldredevelopment.com, where photos can be viewed and comments and concerns on the project can be posted. Davis said the website should be up in a couple of weeks.

The four-part public discussion on the decks concludes 8:30 p.m. Tuesday with the final comments before the schematic design phase begins.

Scotch Plains hosts a 'Night Out'

(Continued from page A-1)

the efforts of the police department in promoting awareness, safety and neighborhood unity."

Police units, the bicycle patrol and the local fire department will also be available for visits with residents in their neighborhoods as time permits.

Any community groups with scheduled activities, such as picnics, pool parties or block parties, who would like to have a visit should contact Lt. Brian Mahoney at 908-322-7100, extension 110.

National Night Out was introduced by the NATW in 1984 as the brainchild of executive director Matt A. Peskin. Peskin felt that a high-profile, high-impact type of crime prevention event was needed nationally.

The first night out involved 2.5 million people in 400 communities in 23 states. The numbers have grown significantly since then.

"It's a wonderful opportunity for communities nationwide to promote police-community partnerships, crime prevention and neighborhood camaraderie," Peskin said on the NATW website. "While the one night is certainly not an answer to crime, drugs and violence, NATW does represent the kind of spirit, energy and determination that is helping to make many neighborhoods safer places throughout the year."

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Commentary

A waste of good opportunities

It is unfortunate that Gov. James E. McGreevey may not be remembered for many of his policy innovations during his first years in office. Instead, he has been tainted by a number of senseless and embarrassing missteps that unfortunately cast a pall over his administration.

The latest blunder was McGreevey accepting first-class airfare and a five-night stay for his family for a speaking engagement in Puerto Rico from the International Longshoreman's Union. First McGreevey was criticized for a potential conflict of interest by accepting the free trip to the union's convention. To add more fuel to the fire, it was learned during the convention that the union was being investigated for racketeering.

Unfortunately, this is not the first time during McGreevey's still relatively brief tenure that a trip has generated criticism. A trade mission to Ireland cost more than \$100,000, including a \$3,200 family reunion. The taxpayers originally footed the bill for this fiasco, but pressure forced the governor to reimburse the state with surplus campaign funds.

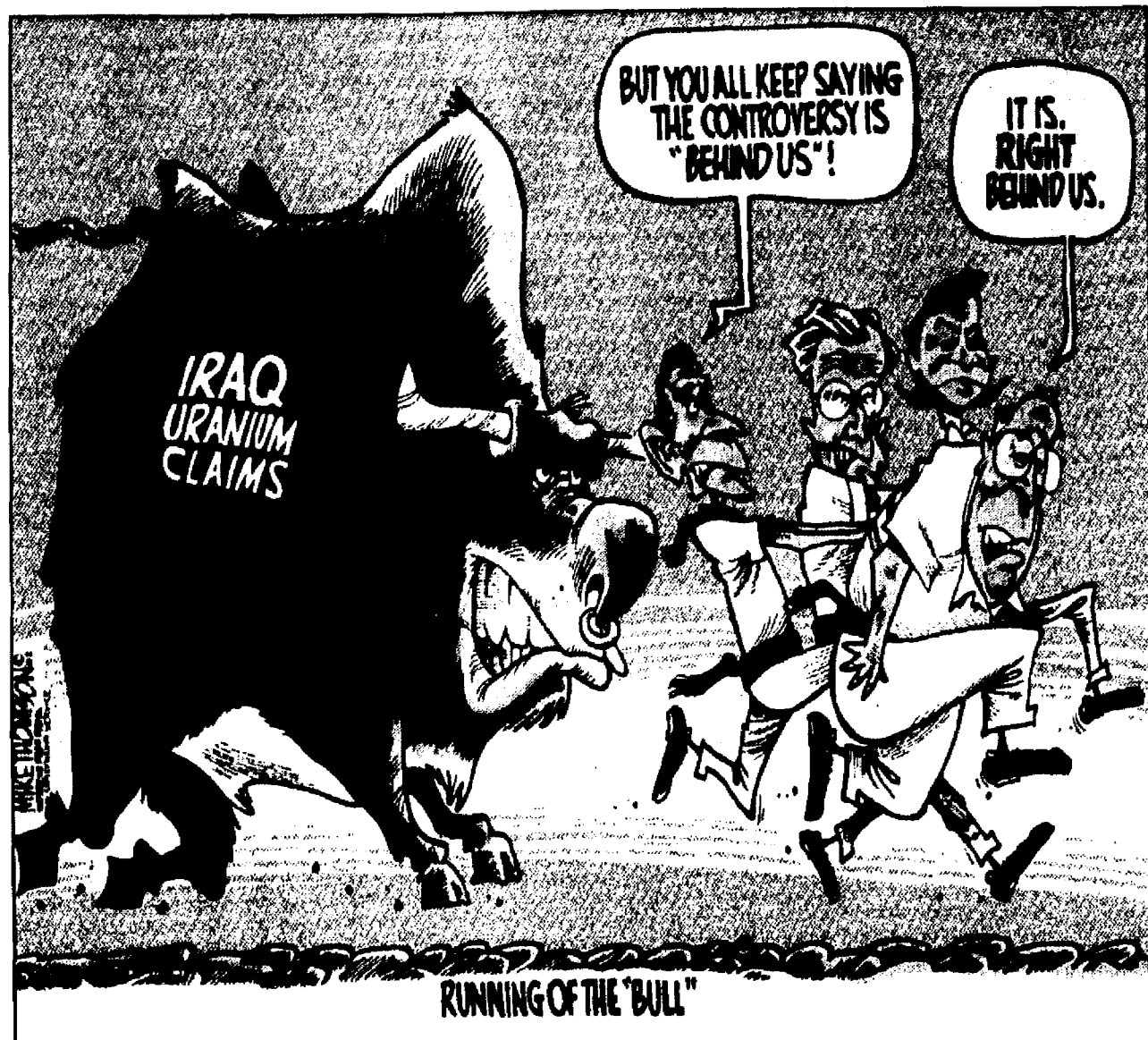
McGreevey has also made a number of appointments to high state offices that were, at best, puzzling. Why was an unqualified friend, Golan Cipel, appointed as the governor's homeland security adviser? Why was Joseph Santiago, who enjoyed an erratic record as police director in Newark, appointed as state police superintendent? How about McGreevey's largest campaign contributor, developer Charles Kushner, who was named to the Port Authority only to withdraw when the state began investigating his campaign donations?

And now the billboard business of two former chief aides, Gary Taffet and Paul Levinsohn, are being investigated by a federal grand jury.

McGreevey has achieved much in his first 18 months in office. In difficult fiscal times, he has managed to balance the state budget without increasing the income or sales taxes. He has taken the first steps toward putting more teeth into the state's master plan and controlling the rampant growth threatening New Jersey's quality of life. He has restored integrity to the state Department of Environmental Protection (DEP) that had suffered under the Whitman administration. The Garden State Parkway and New Jersey Turnpike are now under the same umbrella.

These are impressive achievements. Unfortunately they are overshadowed by the clumsy blunders that may be acceptable in the culture of Middlesex County Democratic politics but in the larger state arena, damages McGreevey's credibility throughout the state. And that, in turn, threatens his ability to tackle the difficult issues — such as property tax reform — that are still on his agenda.

For a reputed micromanager, McGreevey has made too many mistakes. If he wants to reverse the tide of public opinion or continue implementing solutions to the state's most stubborn problems, he needs to gain better control of his administration and keep a closer eye on where he steps.



Jersey Boy

Mike Deak

Secrets of a good marriage

Just because I haven't been married doesn't mean I'm not qualified to offer advice on matrimony.

In fact, because I'm still a bachelor, I may have an advantage because I am not tainted by personal experience, good or bad. (As one person once said, "Marriage is a matter of give and take, but so far I haven't been able to find anybody who'll take what I have to give.")

Being single has allowed me to develop an objective view of marriage. I've known marriages that have lasted more than 50 years. And I've known marriages that haven't survived a year. I've been caught in the middle of marriages falling apart, with both the husband and wife alternating crying on my shoulder and cursing their spouse. I've also witnessed fragile marriages coming slowly apart at the seams before the participants knew it was happening, like a car accident you can't stop. I also know perfect marriages where the husband and wife are as ecstatic today as when they first began dating years ago.

The key to any good marriage is to ask yourself why you are getting married. In these times, you don't have to get married if you really love someone — look at Prince Charles and Camilla Parker-Bowles. Society no longer frowns upon those who live together without the benefit of a marriage license. Even ultra-conservative insurance companies recognize that what was once considered a life of sin is grudgingly acceptable. A few of my friends went into disastrous marriages simply because they saw marriage as just another step in their lives, a requirement to be fulfilled in the core curriculum of life. They marry just to be married.

That also applies to those who get married because they are afraid they will eventually never get married. In many cases, their biological clocks are clicking like time bombs and they calculate this relationship better be the right one because there might not be another one as we near God's two-decade warning. Sometimes these marriages work, especially if both the husband and wife have the same motivation and they accept their passion has its boundaries. Companionship and mutual respect are the keys to this kind of matrimony designed to ease the fear of loneliness as we creep toward mortality. To quote the Beatles song from Sgt. Pepper, "Will you still need me, will you still feed me when I'm sixty-four?"

But at the heart of the best marriages — here I shed my cynicism like a snake — is, well, the heart. I'm not talking about the boiling lust you see in hot tubs on television. The marriages of those who confuse lust and love often end in disappointment and bitterness; sadly many are doomed to repeat their mistakes in second and third marriages. They extravagantly enjoy the surface advantages of marriage — the trophy wife, the husband's salary, etc. — without examining the foundation of the relationship for the inevitable cracks. Love may not conquer all, but it sure gives you a head start in tackling the problems both husband and wife will face.

But it's not as simple as just falling in love. How many times in our lives have we convinced ourselves that we have fallen in love? Something more is necessary. Bruce Springsteen, in the album about his failing first marriage (before he wised up and married a proper Jersey girl), wrote the following lyrics:

"It ought to be easy, ought to be simple enough
"Ain't meets woman and they fall in love"

"But the house is haunted and the ride gets rough
"And you've got to learn to live with what you can't see above if you want to ride on down in through this tunnel of love"

So how do you know whether to get married? It's the smile that greets you at the door after a long day at work, the secrets shared in the dark, the tears you will never allow anyone else to see.

It's falling in love again with the same person every day for the rest of your life.

Letters to the editor

Town abuses rules of redevelopment

To The Record-Press:

Declaring the South Avenue train station parking lot as an "area in need of redevelopment" may sound like some kind of harmless technical jargon. But it is most certainly not. This designation makes a mockery of a law that was intended to help improve poor urban areas, or at the very least, to be applied to dilapidated and unutilized municipal property.

The current parking lot cannot conceivably be

considered to fall under the "redevelopment" statute, as the area is fully utilized. The fact that there is a four-year waiting list is about as obvious a bit of proof of this that you can get.

If the designation is ever challenged in court, I am confident it would be overturned. But I hope that it never gets to that point, and that the Town Council comes to their senses before that.

CORY MERMER
Westfield

ADA has produced success stories, but important work still remains

By BRIAN J. FITZGERALD

Guest commentary

July 26th marks the 13th anniversary of the Americans with Disabilities Act, commonly known as the ADA, the landmark civil rights law that gives more than 54 million Americans with disabilities the chance to participate fully in American life. Thirteen years ago, when President George Bush signed the law on the White House lawn, he said "let the shameful wall of segregation come down."

Now we celebrate the accomplishments of the ADA. More Americans with disabilities are working; every new restaurant, theater and athletic stadium is accessible to individuals with disabilities and their families. Public transportation is more accessible, making it possible for people with disabilities to get to their jobs, and shopping, restaurants and entertainment.

Thanks to the ADA, our attitudes are changing. The ADA gives people with disabilities the chance to be judged by what they can do, not what they can't. Easter Seals knows first-hand how the ADA changes lives.

Thirty years ago, Clare Huckel was a little girl with cerebral palsy and labeled "unteachable" by her family doctor. Today Clare has a master's degree with honors in special education and teaches others to teach at Easter Seals in Philadelphia.

After a car accident 10 years ago, Kenny Denton had a head injury and paralysis. His employment options were bleak. Today, he works in his dream job at the Paul W. "Bear" Bryant Library at the University of Alabama transferring vintage football film to videotape.

Thomas Farrelly, who has been receiving services at Easter Seals' Edison location for almost ten years, does not let cerebral palsy disable him from being an active community member. He is the New Jersey Association of Community Provider's (NJACP) "Community Star" honoree for 2003. He consistently demonstrates his reliability and work ethic. Thomas is truly an individual who values and enjoys his work.

Thomas worked for a local property management company, which assigned workers to various maintenance locations in the northern Middlesex area. Thomas' assignment was a local ShopRite where he kept the parking lots free of trash and debris. He did his work diligently with Easter Seals' staff assistance to remember safety in the midst of moving traffic. However, because of transportation issues, staff members were unable to leave Thomas to work without supervision.

Frustrated Easter Seals staff members, who recognized early that Thomas had fully grasped his job duties, and Thomas as well, wanted to exhibit his true potential. The staff at Easter Seals began to search for the correct job match that would allow Thomas to work to his true potential.

In January 2001, the job search proved successful for Thomas with Pathmark. His duties included cleaning and neatly arranging the

products on the shelves. It took Thomas no time to master these tasks with job coaching, and it was not long before he began making friends among his new coworkers. Easter Seals staff members met with his supervisors at Pathmark to gain information about his daily routine and safety program. Then began the process of giving Thomas increasing responsibility to remember his essential tasks and locate the people he needed to answer the questions he might have. Thomas was successfully "faded" (a Supported Employment term signifying his ability to work independently) with the approval of his guardian by that April. Thomas has been working there ever since.

As he passes the two-year anniversary of his employment with Pathmark, Thomas continues to have exemplary attendance. He is consistently rated highly by his supervisors on employment surveys. He pays close attention to the details of his job, and often takes on additional responsibilities. He has accumulated sick and holiday pay since he is rarely absent from work! He receives annual raises along with his peers. He is definitely a success story and fully deserves Easter Seals support and congratulations as "Community Star 2003."

The ADA benefits everyone. Parents pushing babies in strollers find sidewalk curb cuts essential. A generation of in-line skaters shows us daily that ramps and curb cuts have many uses. Travelers now roll their suitcases behind them. Accessible stalls in public restrooms make going out with small children easier, providing space and privacy. Older adults, who have some hearing loss, can enjoy a night out at the symphony or the movies because assisted listening devices now are available.

We have come a long way, and our momentum moves us forward to the work that remains. The unemployment rate of people with disabilities is still unacceptably high. People with disabilities need access to more community-based options for health care, and families with young children who have disabilities need more child care options.

On this anniversary, Easter Seals celebrates the ADA and our progress in creating opportunities for all Americans. For more than 80 years, Easter Seals has been providing services that help children and adults with disabilities gain greater independence. Easter Seals benefits more than one million individuals and their families each year at one of the 450 centers.

Easter Seals New Jersey is committed to providing health and human services to individuals and their families so they may live, work, and play in their communities with equality, dignity and independence.

To learn more about how Easter Seals New Jersey helps children and adults with disabilities and their families, visit <http://www.eastersealsnj.org>.

The writer is President and CEO of Easter Seals New Jersey.

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ED GRANGNANO
Westfield
Definitely. They do it in Massachusetts and they should do it here.




JOE REBECCA
Westfield
Yes. They definitely should.



MARK SHALABY
Scotch Plains
Definitely. Anything can happen while they're driving. Their reflexes are slower.



AL KLEIN
Works in Westfield
Yes. Sometime after 50 they should check their eyesight and check their reflexes.



KARI O'NEILL
Westfield
Yes, because of the recent accident in California. It endangers other drivers and themselves.

Legislature must ensure that older drivers are safe drivers

By SEN. BOB SMITH
STATE SENATOR

In an age of astonishing medical advances and a heightened awareness of healthy living habits, many of our senior citizens are living longer, healthier and more active lives. As beneficial as this is for the quality of life for these individuals and their families, it does present some new problems that we as a society as a whole must contend with. Namely, a more active senior lifestyle leads to more people driving later in life.

Recent statistics indicate that the number of seniors between the ages of 75 and 84 driving has increased by 33 percent since 1992, to 314,000 drivers. As the "baby boom" generation gets older, this number is expected to double by 2030.

The recent tragedy in California, in which an 86-year-old man accidentally killed 10 pedestrians and injured many more as he drove through a crowded farmer's market, illustrates the public policy dilemma that these demographics present.

Corresponding to the increasing number of elderly drivers, the New Jersey State Police reported that the rate of seniors involved in, injured in, or dying in an accident has increased from 22.5 percent of drivers in 1995 to 26.3 percent in 1999. Additionally, older drivers are more likely to experience severe medical complications and fatalities from involvement in an accident, whether they are at fault or not.

It is an unfortunate fact of life

Guest commentary

that as people get older, their sensory abilities and reaction times diminish.

Some people have proposed that the solution to this problem is to prohibit drivers over a certain age from renewing their licenses. I believe this draconian measure would be unnecessarily harsh and contrary to the American values of freedom and individual liberty.

Yet, clearly, the state has a responsibility to ensure that our roads are safe to drive on for drivers of all ages. New Jersey lags behind many other states in this regard. Some of the programs that have been implemented around the nation include vision testing for license renewal, mandatory medical exams, limited driver's licenses for seniors, reduced renewal periods, and incentives for seniors to participate in driver improvement courses.

I was surprised to learn that even the laws that we already have on the books, such as the statutory requirement for all drivers to have vision tests every 10 years, have not been implemented by the DMV!

This is a situation that cannot be allowed to continue.

The realities of an aging driving population are already catching up to us.

I have recently introduced legislation that would begin to address these problems. S-2202 first requires that the New Jersey Department of Transportation formulate a comprehensive action plan to assess the transportation needs of senior citizens. This plan will develop strategies to promote seniors' safety and well being while driving on New Jersey's roadways.

Secondly, it would establish "Senior Citizens Safe Driving Health Centers" and provide seniors with a 10 percent premium reduction on their automobile insurance as an incentive to encourage seniors to participate in the program. These centers would not only monitor their physical and mental health as it relates to driving ability, but also equip seniors with the tools and information they need to compensate for their changing capacities. They would be funded by an \$8 surcharge on all fines for driving offenses.

The comprehensive solution should not be punitive to the elderly; rather, the goal is to help elders voluntarily, with dignity, professionalism and privacy, help themselves to drive longer. I hope to see this important legislation taken up by the Legislature in the fall. New Jersey must be proactive in ensuring that the roadways are safe for drivers of all ages so that we can all enjoy a longer, happier, and more active quality of life.

Bob Smith is a state senator from the 17th District in northern Middlesex County.

Learn Pet First Aid with Red Cross

WESTFIELD — The Westfield/Mountainside Chapter of the American Red Cross will offer a new class this summer, Pet First Aid. This course will be offered 7-10 p.m. Aug. 11.

The course was created in conjunction with the Humane Society of the United States. It provided participants with valuable information needed to keep their pets safe. It teaches owners how to act with confidence during an emergency until the cat or dog can reach a veterinarian.

Topics covered will include proper emergency procedures, emergencies and problems requiring immediate attention, and putting together a pet first aid kit.

Pre-registration is required, and each participant will receive a Pet First Aid textbook. The class will be held at the Westfield/Mountainside Chapter House, 321 Elm St.

For more information or to register, call the Chapter at (908) 232-7090 or email johnsonj@crossnet.org.

Teens can learn first aid and more

WESTFIELD — The Westfield/Mountainside Chapter of the American Red Cross is hosting classes in lifesaving skills for teens during August. The classes are being offered to teens aged 11 & up and are certification courses.

First Aid Basics class teaches participants how to check the condition of conscious and unconscious victims and how to recognize and care for life-threatening bleeding, sudden illness and injuries. This class will be offered 9:30 a.m.-2 p.m. Aug. 5.

Child CPR class will take place 9:30 a.m.-2 p.m. Aug. 14. This course teaches teens how to deal with breathing emergencies and CPR for children aged 1 to 8.

The chapter is also offering the popular Babysitters Training course. The class covers topics such as: how to make good decisions, supervising infants through school-age children, age appropriate activities, safety inside and outside of the home, basic infant care (holding, burping, diapering, bottle feeding), and much more. This course is being offered twice, from 9 a.m.-

4:15 p.m. Aug. 9 and 9:30 a.m.-1 p.m. Aug. 20-21.
To register for a class or for more information, call (908) 232-7090 or email johnsonj@crossnet.org.

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The trip is open to the public and the cost is \$299 per person double occupancy and \$389 for a single. A \$100 deposit will hold a space, with full payment due by Sept. 3. Travelers may register in person at the "Y" front desk or by phone. If registering by phone, payment must be made by credit card. To register or for more information please call the "Y" at 908-233-2700.

Additionally, the trip includes two night's accommodations, two deluxe continental breakfasts, a riverboat cruise with lunch included and two dinners at charming local restaurants. The trip, specifically designed for the "Y"

Fax us your news! (732) 574-2613

THURSDAY
AUG. 7

GOLF CLASSIC — Rahy Hospital Foundation holds an event Sept. 15. Echo Lake Country Club, Westfield. \$425 includes and a host of gala events throughout the day. (732) 499-6135.

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Community Life

Briefs

Tribute planned for Manya Ungar

SCOTCH PLAINS — A call has gone out to alumni of the Scotch Plains-Fanwood Summer Theater Workshop who participated from 1967-1978 and who wish to take part in a tribute and celebration of the life of the late Manya S. Ungar 5 p.m. Aug. 24 at the Scotch Plains-Fanwood High School auditorium.

Former workshop members will present various songs from the musicals that Ungar and Judy Cole directed during those years. There will also be some speakers who will recount highlights of her life, including her work as president of the National PTA.

Those wishing to honor her memory by participating should call H.F. "Skip" Ungar at (908) 889-6326 and visit the website, www.fseweb.com/tributetomanya.

Group offers support to separated, divorced

WESTFIELD — Seasons is a support group for divorced, separated and single people of all faiths.

Seasons has been designed to assist people on their journey of healing body, mind and spirit. Seasons' goal is to learn to celebrate life anew.

Starting in September, meetings will be held on the second and fourth Tuesdays of each month in the Annex of St. Helen's Church, 1600 Railway Ave.. Meetings begin at 7:15 p.m. with light refreshments and end at 9 p.m.

Seasons will also provide a listing of social activities for those who wish to go to various activities as a group.

Upcoming meeting dates are Aug. 5 and Aug. 19. For additional information, contact Grace M. Lane at (908) 301-9114, Micky Hamilton at (732) 381-7801 or Fr. Don at (908) 232-1214.

Give blood and get cholesterol checked

WESTFIELD — A blood drive, sponsored by the Westfield/Mountainside Chapter of the American Red Cross, will be held 3-8 p.m. Aug. 6 at the chapter building, at 321 Elm St., Westfield. The Bloodmobile will be there and there will be complimentary cholesterol screening for all donors.

For more information call the BCNJ, 1-800-NJ-BLOOD, ext. 140. All donors must present signed or picture I.D. and know their social security number. Participants are urged to eat a meal before donating.

Win a Lexus at Trinitas Golf Classic

SCOTCH PLAINS — The Trinitas Health Foundation's 2003 Golf Classic will be held on Sept. 8 at Shickamaxon Golf & Country Club, Scotch Plains. The event will feature registration at 10:30 a.m., a golf show at 11:45 a.m., and a shotgun start at 12:30 p.m. A cocktail reception will begin at 6 p.m. followed by dinner and silent auction at 7 p.m. and awards at 7:30 p.m. A lucky golfer may win the Hole-In-One Prize — a new Lexus from Warnock Motors.

Proceeds from this event benefit the Trinitas Health Foundation and its many fund raising projects on behalf of Trinitas Hospital.

For player and sponsorship information, call (908) 994-8249.

Celebrate Kids Day with a swim at YMCA

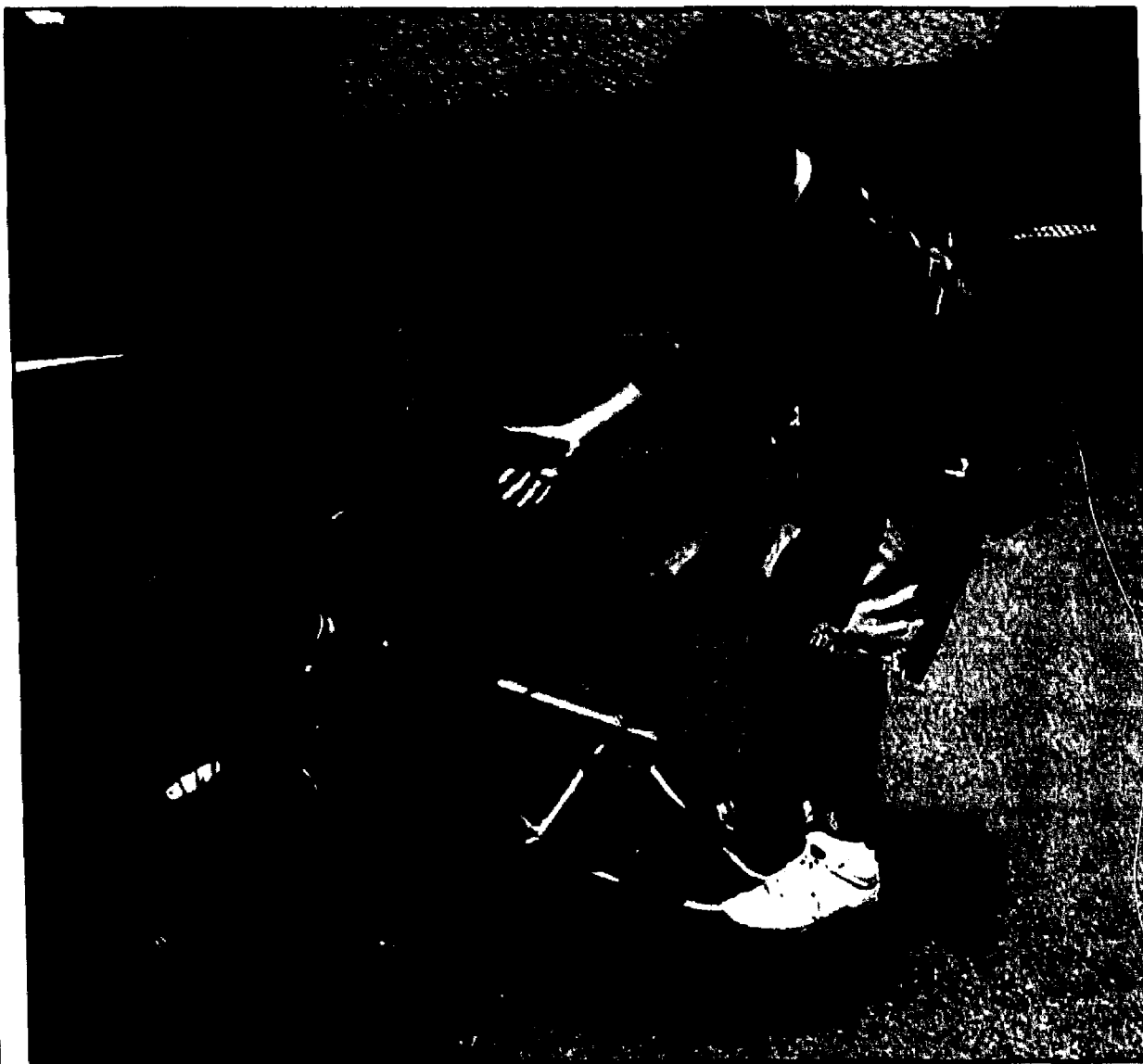
The Fanwood-Scotch Plains YMCA is joining the nationwide celebration of National Kids Day on Sunday, August 3 with an open swim for kids and their parents from 3-5 p.m.

National Kids Day is an emerging new national day observed on the first Sunday of each August, with local and personal celebrations taking place across the country. The goal of the day is to honor, celebrate and acknowledge kids through the gift of meaningful time.

The Fanwood-Scotch Plains YMCA's celebration of National Kids Day is open to the public and will be held at 1340 Martine Ave. Scotch Plains. Put on a bathing suit, grab a towel and celebrate your kids!

For more information, call the Y at (908) 889-8880.

Showing their skills



These may be the lazy days of summer, but some young residents were getting a workout Sunday at the skate park at Fanwood's LaGrande Park. Left, Andre Ruffin, 13, performs a spin on his bicycle. And above, 11-year-old Ryan McCarthy rides a ramp on his skate board.

NICOLE DIMELLA/STAFF PHOTOGRAPHER

Books by day, strings by night: Library director holds a dual career

By KEVIN B. HOWELL
THE RECORD-PRESS

FANWOOD — Librarians can be perceived as bookworms, people with a lot of knowledge from books, magazines and other periodicals, but little worldly experience.

That's why it may be surprising that Dan Weiss, director of the Fanwood Memorial Library, moonlights as a musician — a popular lead singer and guitarist on the bluegrass circuit.

Weiss performs freelance gigs now, mainly in New Jersey and Manhattan — a sharp contrast from his professional playing days when he traveled the world with his former group, Skyline.

"I miss the travel some-times," Weiss said recently while sitting in his office at his day job. "We played in a lot of exotic places. The music took us to a lot of exciting places like Japan, Siberia, the Czech Republic, places I would've never gotten a chance to go."

Weiss played guitar and sang lead for the band made up of mandolinist Barry Mitterhoff, bass player Larry Cohen, banjo player Tony Trischka and singer Dede Wyland. The group formed in the

late 70s and toured together until it broke up in 1989. Others continued full-time music careers while Weiss went a different route.

"I had been in the band for nine or 10 years, and I felt like before I started something new musically, I wanted to try something different," said Weiss, who had been playing professionally since his high school days in Springfield.

He decided to complete his bachelor's degree at Rutgers

University and pursue a master's in library science. He has worked as a librarian since 1991 and became director of Fanwood's library in 1997.

"It's a difference between being self-employed and having an employer," Weiss said. "The idea of every two weeks someone will give you money and having benefits was something I wasn't familiar with... Both (music and the library) are things I enjoy and find personal satisfaction in. I gravitated to something else that was interesting to me."

— Dan Weiss
Fanwood library director and bluegrass musician

However, Weiss didn't completely abandon the music industry. He and fellow band members Mitterhoff and Cohen formed the trio Silk City and released a CD a

few years ago. Weiss grew up with Mitterhoff and has been playing with the guys for more than 20 years.



Dan Weiss looks the part of a mild-mannered librarian in his office at Fanwood Memorial Library, but he's a former member of the popular bluegrass group Skyline and still performs regularly.

Kevin B. Howell/The Record-Press

The group doesn't tour, but does perform in the area. They also present bluegrass music programs for the Lincoln Center Institute and Carnegie Hall.

From time to time the group gets together with Trischka and Wyland for reunions — both artists had guest appearances on Silk City's CD. Trischka will join Silk City, minus Mitterhoff who is on tour, at the Sanctuary Concert series at the Union Village Methodist Church in Berkeley Heights Sept. 14.

In addition to playing with the trio, Weiss offers performances on his own. He plays Monday nights at the Parkside Lounge in Manhattan's Lower East Side, and every third Tuesday he does a

live radio show on WKCR 89.9 FM, Columbia University's radio station. Weiss also played on the soundtrack of the Disney movie "The Rookie."

"I like the combination of two careers," Weiss said. "It gives me some flexibility to be pickier with what (music) opportunities to say 'yes' to. Before, I never passed on anything. Now it's not as much about the money, basically. Being self-employed is hard. It's not only hard to do the thing you do, but also to keep looking ahead and filling up your calendar. You may have dates booked through September, but very few things the next couple of months."

These days, Weiss does eight to 10 performances a month. It's perfect for him, as he enjoys the best of both worlds. For more information on Silk City, visit www.silkcityband.com/silkcity.

Sign up for fall programs

Westfield "Y" fall program registration for current members begins on Saturday, August 16 at 7:15 a.m. Registration will occur simultaneously in-person and online.

Open registration begins on Wednesday, August 20. Following is a sampling of the programs being offered at the Westfield "Y" this fall:

The YMCA offers preschool and school age sports programs and leagues including basketball, soccer, t-ball, gymnastics, hockey, ballet and more. For the little ones, the "Y" offers Sports Sampler and Kids Clubhouse. And new this season is golf, yoga for kids and mini boot camp — great cardio prep for any sport!

For children ages 1 through 5, the YMCA offers full-day child care and half-day preschool programs.

The Westfield "Y" after school KEY programs (Kids Enjoy the Y) are offered onsite at the YMCA facility as well as at Tamaques, McKinley, Jefferson and Washington Schools.

Teen programs include Model U.N., Youth and Government, Black Achievers, Leaders Club, Teen Nights, Chess and more. The Westfield Y's family programming includes a Parent/Child series of reading, art and theatre programs; parenting classes on topics such as discipline, values, and talking to teens; and family trips.

Swimming classes are available for children 6 months to 2 years old with a parent, and group classes are offered for children ages 3 to 13. The YMCA also offers the Devilfish Swim Team, the nationally ranked Aquan Ducks Synchronized Swim Team, and a wide variety of adult swimming programs.

Adults can experience a great workout with the Y's health and fitness programs. The YMCA features over 100 pieces of fitness equipment, two air-conditioned racquetball courts, an air-conditioned double gym and climbing wall and two indoor swimming pools. The "Y" offers an extensive fitness class schedule ranging from aerobics, Pilates, cycling and step to pre and post-natal fitness, hip hop, Latin workout, line and ballroom dance.

Finally, the Westfield "Y" offers adult social programs such as "Lunch and Learn," which meets once a month at lunchtime with a different topic, and the brand new singles program. This fall the "Y" will offer the "6 Minute Date" and Singles EXERDATE.

For more information, please call (908) 289-2700 or visit www.westfieldynj.org.

Hiroshima survivors visit Westfield church

As part of a tour to promote world peace and disarmament, two Hibakusha, or survivors of the atomic bombing of Hiroshima, will visit Union County Aug. 7.

Kyuma Miyazawa, 73, is an executive board member of Hibakusha, a Japanese Hibakusha organization. He is a retired mathematics teacher and junior high school principal making his first trip to the United States.

Miyazawa was exposed to the atomic blast at the Mitsubishi Hiroshima Shipyard located 3.5 kilometers from the hypocenter of the bomb blast. In the afternoon of Aug. 6, 1945, he entered the city to work on relief efforts for victims of the bombing.

Eiji Nakanishi, 61, is the assistant Secretary General of Hibakusha. He is a retired newspaper reporter making his first trip outside of Japan. Nakanishi was playing outside his house, 2.4 kilometers from the hypocenter. Although his house was destroyed, his family was not seriously hurt. A welcoming ceremony is scheduled at

10:30 a.m. in the Garden of St. John's Church, 81 Broad St., Elizabeth. Civic leaders and members of the Hiroshima/Nagasaki Remembrance Day Committee will greet the Hibakusha.

Origami peace cranes and other messages of friendship will be placed on the tree that was planted at last year's observance, and local poet Joseph Knuffmann will present two original works.

At noon there will be a guided meditation and Aikido demonstration at Aikido Schools of New Jersey, 326 W. Westfield Ave., Roselle Park.

Plainfield resident, Dean Shyster will lead the meditation. Shyster has taught nonsectarian meditation since 1970 and is the author of acclaimed books on spirituality and meditation.

At 7 p.m. there will be a gathering at The First United Methodist Church of Westfield, 1 East Broad St. and candlelight vigil in a nearby park. The Hibakusha will speak about their experiences before and after the

atomic bombing of Hiroshima. Tomomi Yamane, a student at American University, who is accompanying the Hibakusha on their tour, will translate.

New Jersey peace activists will talk about the connection between the atomic bombing of 1945 and the current situation at home and abroad, specifically the use of depleted uranium in Iraq, the development of "mini-nukes," the disproportionate spending on military rather than social needs and the erosion of civil liberties. The Solidarity Singers will perform at the church and at the vigil.

The purpose of the Hibakusha Tour and commemoration is to promote peace and understanding and to remind people of how much destruction nuclear weapons can cause. It is not meant to be disrespectful in anyway to the millions of Americans who fought in World War II, and the many who lost their lives in service to this country.

All events are free and open to the public.

BEST BETS

Oktoberfest at the Deutscher Club

There will be a two-day German Oktoberfest in Clark Aug. 9 and 10 at the Deutscher Club, 787 Featherbed Lane.

The event will feature music from Germany, and the Ladies Division will run its annual flea market as part of the Sunday festival. There will be traditional German and domestic foods and drinks.

Admission to each event is \$5. Children under 12 are admitted free. Parking is free and the Oktoberfest will be held rain or shine.

For more information call (732) 574-8600.

Wickliffe's paintings displayed in Summit

The paintings of Mary Wickliffe will be on view at the Wisner House at Summit's Reeves-Reed Arboretum from Aug. 11 until Oct. 10.

Fifteen paintings will be hanging for the public to view. These include paintings of peonies, orchids, hibiscus, irises and double-throated jonquils.

The irises, Wickliffe says, have "such convoluted shapes, such wonderful shadows. You can get such translucence in the petals."

Each year, she spends seven months in Summit and five months in Florida. Although she paints flowers at each location, she works out of doors in Marco Island. "Paint behaves differently outside, so it does influence what I paint," she says.

In Florida, she paints orchids and hibiscus. And in Summit, she paints her roses and peonies. In the white peony painting that will hang at the arboretum, she sketched it first so she could paint it at its peak. But sometimes, she says, she uses photos from gardening catalogs because the flowers are photographed at the height of their beauty.

The Arboretum is open 9 a.m. to 3 p.m. There is no charge for admission.

Jerseyaires perform July 31 at Mindowaskin

The Rahway Valley Jerseyaires Chorus, local chapter for the Preservation and Encouragement of Barber Shop Quartet Singing in America, Inc., will perform 7:30-9 p.m. July 31 at the gazebo in Mindowaskin Park, Westfield.

The "Jerseyaires" will be directed by Jan-Ake Westin, with Doug Brown assisting. The program will also feature the "Jerseyaires" quartets Harmony Excursion, TLC and Happy Medium Quartet.

The group practices 7:30 p.m. Mondays at the Polish Cultural Foundation, 177 Broadway, Clark. Men of all ages are welcome.

Timeless 'Brigadoon' on stage at Brearley

C.A.S.T. offers production of classic love story

Lerner and Lowe's timeless love story, "Brigadoon," will be presented by C.A.S.T. July 31, Aug. 1 and Aug. 2 at David Brearley High School in Kenilworth.

This enchanting tale follows the travels of two vacationing New Yorkers, Tommy Albright (played by Kelsey Kurz) and Jeff (played by Steven Brinkerhoff) on Thursday and Kevin Balla on Friday and Saturday, who discover a Scottish village that comes to life once every 100 years for only one day.

As the audience joins these two men on their twenty-four hour journey, they find themselves in the middle of a joyous celebration

— the marriage of two Brigadoon townspeople, Jean (played by Jaime Eger) and Charlie (played by Cory Pinto).

Tommy shares the romance of a lifetime with Jean's sister, Fiona (played by Nicole Sannucci), while Jeff finds himself in the likes of the town milkmaid, Meg Brockie (played by Leigh Johnson).

But amid all the celebration, Harry Beaton (played by Robert Worshinski) finds himself distraught because Jean, the only woman he has ever loved, is in love with someone else.

This ethereal tale is filled with magic, excitement, music,

but most of all romance! It is a classic story for all ages.

The play is directed by Marguerite Modero, with musical direction by David Modero and choreography by Lisa Donero.

Prior to the performances of "Brigadoon," Katie Cameron will be gracing the Brearley halls with traditional Scottish Highland Dancing. Katie has studied at Nadine's School of Highland Dancing and is a member of B.A.T.D.

All performances begin at 7:30 p.m. General admission is \$10; \$8 for seniors. Contact the producer, Vinny Bellotti at (908) 361-1624 for information.



PHOTO BY VINNY BELLOTTI
Leigh Johnson and Kevin Balla, members of C.A.S.T., star in the production of "Brigadoon" this weekend at David Brearley High School in Kenilworth.



Little violinists at Westfield Summer Workshop

Janet Lyman directs the Westfield Summer Workshop pre-K "string orchestra" as they tune up for a performance in the Edison Intermediate School lobby.

Youth group stages 'Smokey Joe's Café'

Stage Presence, Inc. a newly formed non-profit youth theater company, will present "Smokey Joe's Café: The Songs of Leiber and Stoller." Scott M. Goldman, a senior at Ithaca College, directs the Grammy-winning musical revue of hits written by Jerry Leiber and Mike Stoller. Rewind to the Fifties and Sixties at this non-stop, singing-and-dancing party, presented at Galloping Hill Inn August 7, 8, and 10.

Smokey Joe's Café mixes over 30 immortal hits including "Stand By Me," "Hound Dog," "On Broadway," "Jailhouse Rock," "Yakety Yak" and "Love Potion No. 9." Hear the songs that established the careers of many great performers, including Elvis Presley, the Coasters, and the Drifters. Broadway's longest running musical review captures an American era of milkshakes shared across a table and jukeboxes filled with the new sound of Rock and Roll.

The young adult cast includes Kyle English, Colin Fraser and Jill

McCoy of Cranford.

Tickets are \$26 for August 7 and 10, and \$31 for the August 8 performance. Included in the ticket price is a full dinner buffet, tip and show admission. Dinner on Thursday and Friday begins at 6:30 p.m. and on Sunday at noon. Shows begin 1 hour and a half following. For tickets or other information please call (908) 686-7497. Seating is limited and advance sale is strongly encouraged.

Stage Presence, Inc. is dedicated to providing comprehensive, hands-on theatrical education to talented youth throughout Northern New Jersey and is entirely run by college students. The 2003 premiere season is sponsored in part through a H.E.A.R.T. grant (History Education, and Arts Reaching Thousands) from the Union County Board of Chosen Freeholders, Union Center National Bank, and the Independence Community Foundation.

DuCret School tastes success with fine art fundraiser

Evening, attended by 200, raises over \$20,000

On June 9, the duCret School of Art held its first annual "A Taste of Fine Art." The event was a great success, as it was attended by over 200 guests and raised more than \$20,000. All proceeds went toward much-needed capital improvements to the school, including a new roof.

The "Taste" event, held at The Westwood in Garwood, consisted of food and wine tasting along with live and silent auctions. Among the diversified restaurants participating in the tasting were Watchung's Lakeside Villa; Makeda Ethiopian

Restaurant, Beana's Mexican Restaurant and Sodexo Marriott Catering. Wine Country of North Plainfield supplied a variety of wines for sampling.

Frank Falotico, director of the duCret School, said that "for a first time event, this has exceeded my expectations."

More than 100 assorted items were claimed in the silent auction. Included were autographed memorabilia by the cast of the Sopranos, the 2002/2003 cast of Saturday Night Live, Tony Bennett and Kid Rock, as well as local area restaur-

ant and business gift certificates, gift baskets, theater and concert tickets and much more.

The live auction, conducted by renowned auctioneer Jon Brannick, State Assemblyman from the 21st District, offered additional unique items such as a one-year membership to Glenwood Country Club, a one-week stay at Shawnee during the 2003-2004 ski season and a half-day yacht cruise.

Other activities held during the evening included a dance performance, donated by the Central

Performing Art dance troupe and a presentation honoring John Bonk, a former Board of Trustees member of the duCret School; Darlene Crow-McWilliams, First Lady of Plainfield; and Ann Swain, proprietor of Swain Galleries in Plainfield, for their support to the duCret School.

The "A Taste of Fine Art" event was organized by The Friends of duCret Committee, a volunteer group dedicated to the support and promotion of the school. Membership is open to all who have an interest in the present and future of art education at

duCret. The school is an independent, non-profit art school and a 501(c)(3) institution, and all donations are tax deductible to the fullest extent provided by law.

Founded in 1926, the duCret School of Art, the oldest private art school in New Jersey, is located at 1030 Central Avenue, on a seven acre campus in a historic residential area of Plainfield. The school is currently celebrating 77 years of excellence in art education. It is accredited by the Accrediting Commission of Career Schools and Colleges of Technology (ACCSCT); approved by the State of New Jersey, Department of Education; and a member of the Private Career Schools of New Jersey.

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PROMITHEE THEATRE

'Defining Moment' for Sweet Sounds

Where jazz and rock intersect you will find the hard-edged and swinging sounds of Defining Moment. The band, whose motto is "Dead Serious Jazz and Blues," is giving a free performance as part of Westfield's Sweet Sounds Downtown 7-9 p.m. Aug. 5 on Elm Street in front of Trader Joe's.

This New Jersey-based band mixes hot vocals with virtuosic instrumental for power and punch and features the violin as lead instrument, which makes for a refreshing change of pace.

Well-known jazz performer/composer/arranger Ted Brancato is on piano, and another great arranger/composer Dave Rimel is on guitar. Giving the group its hard-edged rock feel is Tim Miles on drums, (and what an impressive set of drums he plays), and Spencer Miles on bass.

Violinist/leader Diane Montalbino adds her soulful and breezy singing, and all of the very accomplished members amaze with their nimble improvisations. Area jazz fans might know this popular musician from her occasional visits to the sessions at The Crossroads in Garwood, where Stan Meyers, former radio host on

jazz station WBGO, nicknamed her "Lady Diane."

Classically trained and with degrees from The Juilliard School, Montalbino has played and recorded not only with symphony orchestras and chamber groups in seven countries, but also for film scores, commercial jingles, Broadway and off-Broadway productions, rock bands, jazz groups, and live radio programs. One of her local gigs is with the Westfield Symphony, in addition to other classical groups in and around the New York area. Her affinity for other music styles has resulted in a career that crosses traditional boundaries, as evidenced by her many recordings.

With such varied backgrounds, the members of Defining Moment mine their material from rock, jazz, blues, standards, pop, even metal, adding new rhythms and their own soulful improvisations.

The Westfield Sweet Sounds Downtown Festival is a service of the Downtown Westfield Corporation. Bring a chair for comfort, but don't be surprised if Defining Moment has you dancing in the streets.

This New Jersey-based band mixes hot vocals with virtuosic instrumentals for power and punch and features the violin as lead instrument, which makes for a refreshing change of pace.



"Bonding," a photograph by Deb Anne Nero of Montgomery Township, is on display during August and September at Children's Specialized Hospital in Mountainside.

Photos, watercolors at Children's

Children's Specialized Hospital, the largest pediatric rehabilitation hospital in the United States, will exhibit the work of photographer Deb Anne Nero of Montgomery Township and the associate members of the New Jersey Watercolor Society throughout the months of August and September.

Inspired by the landscapes of New Jersey, Nero is a well-rounded artist with experience in pencil drawing, charcoal, pen and ink, watercolor and oil painting as well as photography. Many of her works include barns, silos, wildlife and people. Some of her still life studies are used in her drawings and paintings.

The New Jersey Watercolor Society exists to

further appreciation and knowledge of watercolors. The society defines a watercolor painting as one executed in an aqueous medium, unvarnished and framed under glass or Plexiglas. The society has sponsored five shows for its associate members in the last few years with the 2003 show to be held at Children's.

All artwork exhibited at Children's is available for purchase, with a portion of sales benefiting the Auxiliary. Admission is free and exhibits can be viewed from 10 a.m. to 8:30 p.m. by entering through the hospital's East Wing entrance, 150 New Providence Road, Mountainside. For information, please call (908) 233-3720, ext. 5379.

Richard Julian at WAC

The Watchung Arts Center Folk Concert Series, Ya Gotta Hear This, features completely unplugged, no-frills concerts by well-known national touring singer/songwriters, at the no-frills prices of \$10.

On Aug. 28, the new series will feature the witty, literate songs of Richard Julian, who Randy Newman called "one of the best songwriters I've heard in a very long time."

It's not often that a folk singer/songwriter spends the summer performing in 1,000-seat theaters and festivals like the Montreal Jazz Festival. But Julian, hand-picked by Norah Jones to open for her on her summer tour, will be doing just that from May through early August. He will have a bag full of stories when he comes to the Arts Center on Aug. 28.

In the spirit of edgy, lyrical wordsmiths like Elvis Costello or Randy Newman, Julian writes on eclectic topics from Roman Polanski (who wrote a note of thanks when he heard the song) to the World Trade Center bombing (his "No Song" was included in Suzanne Vega's benefit CD).

The Arts Center is at the Watchung Circle in Watchung. It is easily reached via Route 22 (Watchung exit) or Route 78 (exit 40). Ample parking is available.

Theater

NOW PLAYING

FORUM THEATRE
314 Main St., Metuchen
(732) 548-0582; www.forumtheatrecompany.com

"Jack and the Beanstalk," famous fairy tale done live and local with music. July 22-Aug. 2. Admission \$12; group rates available. Call for showtimes.

OFF-BROADSTREET THEATRE

5 S. Greenwood Ave.
Hopewell
(609) 466-2766

"Dr. Cook's Garden," melodrama. 7 p.m. Aug. 1, 2, 8, 9, 15, 16; 2:30 p.m. Aug. 3, 10. Admission \$24 Saturday, \$22.50 Friday; discounts available.

PAPER MILL PLAYHOUSE

Brookside Dr., Millburn
(973) 376-4343;
www.papermill.org

"New Voices of 2003: Wish You Were Here," revue of 1950s musicals. 7:30 p.m. Aug. 1, 2; 3 p.m. Aug. 3. Admission \$37-\$20.

PLAYS IN THE PARK

Roosevelt Park
Route 1, Edison
(732) 548-2884; www.playsinthepark.com

"Ragtime," musical based on the 1970s novel-turned-1980s movie. 8:30 p.m. July 31-Aug. 2. Adults \$3, under 12 free; bring lawn chairs for seating.

SOMERSET HILLS DRAMA WORKSHOP

St. James Chapel Auditorium
South Finley Avenue
Basking Ridge

"Godspell," musical based upon the Gospel of St. Matthew. 8 p.m. Aug. 7, 8 and 9. Advance tickets: \$10 adults, \$8 for children under 12 and seniors; Tickets at the door, \$12. All seats are reserved. For ticket information call Patti Martin at (908) 766-6428.

SOMERSET VALLEY PLAYERS

Route 514, Hillsborough
(908) 369-SHOW;
www.svptheatre.org

"Crimes of the Heart," drama by Beth Henley. 8 p.m. Aug. 1, 2, 8, 9; 3 p.m. Aug. 3, 10. Admission \$13; discounts available.

VILLAGERS THEATRE

475 DeMott Lane, Somerset
(732) 873-2710;
www.villagerstheatre.com

"Bye Bye Birdie," 1960s musical done with a teenage cast. 8 p.m. Aug. 1, 2, 8, 9, 15, 16; 2 p.m. Aug. 3, 10, 17. Admission \$14.

Events

GREENBERG'S TRAIN, TOY & HOBBY SHOW

10 a.m. to 4 p.m. Aug. 9 and 10
New Jersey Convention and Expo Center

Edison
(732) 417-1400

www.greenbergshows.com
Trains, trains, trains. Admission: \$7 for adults; children 11 and under, free.

ANTIQUES WEEKEND

11 a.m. to 6 p.m. Aug. 23 and 24
Garden State Exhibit Center
Franklin
(212) 255-0020.

www.stallashows.com
More than 200 exhibitors. Seminars. Appraisals. Admission: \$6; children under 16 admitted free with

an adult.

Concerts

GARY U.S. BONDS

7 p.m. Sunday, Aug. 3
Duke Island Park
Old York Rd., Bridgewater
(908) 722-1200, Ext. 351;
www.park.co.somerset.nj.us

60's rock n' roller ("Quarter to Three") and 80's Bruce Springsteen crosby ("Out of Work"). Free admission.

HOT ANTIC

8 p.m. Saturday, Aug. 2
Somerset County Vo-Tech
Vogt Dr., Bridgewater
(908) 526-8900, Ext. 7219;
www.njls.org

14-man big band from Europe. Admission \$15 in advance, \$20 at the door. Combination with "Satchmo!" (see below) \$25.

JOHNSON PARK CONCERTS

River Rd., Piscataway
(732) 745-3900;
www.co.middlesex.nj.us
Shows on the bandstand 3 p.m. Sunday. Free admission.
Davie Wilson Quartet, Aug. 3.

KATE McDONNELL

8 p.m. Thursday, July 31
Watchung Arts Center
Watchung Circle, Watchung
(908) 753-0190;
www.watchungarts.org

Singer-songwriter. Admission \$10.

SATCHMO!

2 p.m. Saturday, Aug. 2
Somerset County Vo-Tech
Vogt Dr., Bridgewater
(908) 526-8900, Ext. 7219;
www.njls.org

Louis Armstrong tribute concert,

this year with Hot Antic. Admission \$15 in advance, \$20 at the door. Combination with evening concert (see above) \$25.

SPRING LAKE PARK CONCERTS

Maple Ave., South Plainfield
(732) 745-3900;
www.co.middlesex.nj.us
Shows in the gazebo 6:30 p.m. Sunday. Free admission.

Big Band Express, Aug. 3.

TRAVIS WETZEL

Manville Public Library
100 S. 10th St.
Manville
(908) 722-9722.

"The Mad Fiddler" in a free concert 7 p.m. Aug. 12

Museums

EAST JERSEY OLDE TOWN VILLAGE

1050 River Rd., Piscataway
(732) 745-3030
Open to the public 8:30 a.m.-4:15 p.m. Tuesday-Friday. Guided tours 1:30 p.m. Tuesday-Friday. Group tours by appointment.

"300 Years of Clothing Style in Middlesex County: 1650-1950," to Oct. 31.

NEW JERSEY MUSEUM OF AGRICULTURE

Route 1, North Brunswick
(732) 249-2077; www.agriculturemuseum.org
Open 10 a.m.-5 p.m. Tuesday-Saturday. Free admission for members. Non-member admission: adults \$4, seniors \$3, ages 4-12 \$2, ages 3-under free.

"Insects Among Us," to Aug. 10.
PRINCETON UNIVERSITY ART MUSEUM
(609) 258-3788; www.princetonartmuseum.org

princetonartmuseum.org
Open 10 a.m.-5 p.m. Tuesday-Saturday, 1-5 p.m. Sunday. Free admission.

"In Pursuit of the Past: Provenance Research," to Aug. 10.

JANE VOORHEES ZIMMERLI ART MUSEUM

Rutgers University, 21 Hamilton St., New Brunswick
(732) 932-7237; www.zimmerliemuseum.rutgers.edu

Open 10 a.m.-4:30 p.m. Wednesday-Friday, noon-5 p.m. Saturday-Sunday through July 31; after that closed until Sept. 3. Tours of the collection 2 and 3 p.m. Sunday. Free admission for members, Rutgers students, faculty and staff. Non-member admission: adults \$3, children under 18 free. Admission for all is free the first Sunday of the month.

"Fantasy and Figuration: Works on Paper," to July 31.

"Japonisme: Selections from the Collection," to Oct. 12.

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Obituaries

John F. Mahoney; technical director at Merck

WESTFIELD — Dr. John F. Mahoney, 85, died July 16, 2003 at his home.

Dr. Mahoney was a technical director at the Merck Chemical Division at Merck & Co., Rahway, before retiring in 1969.

He received his doctorate in organic chemistry from the Massachusetts Institute of Technology.

Dr. Mahoney was active in the American Chemical Society, the Institute of Food Technologists and the American Association of Cereal Chemists. He was elected a fellow of the American Association for the Advancement of Science and the American Institute of Chemists.

Mahoney published and lectured on the subject of the use of chemicals and foods. He served as a U.S. representative in several international meetings of

the World Health Organization and the Food and Agriculture Organization of the United Nations.

Dr. Mahoney wrote or co-wrote many books and articles. He also played a leading role in founding the Food Chemicals Codex publication.

His civic activities included the Boy Scouts of Westfield, the Westfield Tennis Club, the Historical Society of Westfield and the Kayak and Canoe Club of New York and New Jersey.

Born in Lynn, Mass., he moved to Westfield in 1941.

Surviving are his wife, Rita L.; sons, John F. Jr. and Dr. Brian J. Mahoney; daughters, Kathleen and Barbara; and 11 grandchildren.

Arrangements were by the Dooley Colonial Home, Westfield.

Colleen Kovacs

WESTFIELD — Colleen Kovacs, 44, died July 23, 2003 at her home in Pine Island, Fla.

Born in Montclair, Ms. Kovacs lived in Westfield for 25 years before moving to Pine Island 13 years ago.

She was a legal secretary with the firm of Mahoney & Mahoney in Westfield.

Surviving are a daughter,

Allison Dority; a son, Craig Dority; her parents, Ronald and Patricia Kovacs; sisters, Kim Sanchez, Rhonda Novak, Keri Rush and Heather Kovacs; brothers, Kevin and Kurt Kovacs, and her companion, Brian Ernst.

A Mass was offered yesterday in St. Theresa's Church, Kenilworth.

Dona Alamo

SCOTCH PLAINS — Dona Alamo, 87, of Scotch Plains died July 25, 2003 in the Ashbrook Nursing Home.

Born in Newark, Mrs. Alamo lived in North Arlington for many years before moving to Scotch Plains in 2000.

She was a sales clerk at McCrory's department store in

Newark for 20 years before retiring in 1970.

A Mass was held Monday in Our Lady Queen of Peace Church, North Arlington, after the funeral from the Nazare Memorial Home, 403 Ridge Rd., Lyndhurst.

Surviving are a daughter, Gail Barnas, and two grandchildren.

Joy Rifino

SCOTCH PLAINS — Joy C. Rifino, 75, died July 29, 2003 at her home in Dunellen.

Mrs. Rifino was born in North Plainfield and later lived in Scotch Plains before moving to Dunellen many years ago.

Surviving are her husband of 53 years, Albert; daughters, Joy Demarest, Janet, Julie Saulnier

and Jennifer Deffner; sons, Carl, Christopher and Jerome; sisters, Diane Davenport and Joanne Tkach, and 15 grandchildren.

A Mass will be 9 a.m. Saturday in St. John's Church, Dunellen, after the funeral from the Sheenan Funeral Home, 233 Dunellen Ave., Dunellen.



Guru Gargi will lead Indian dance and yoga lessons for students of L'Academy Montessori in Scotch Plains.

School offers Indian dance, yoga

SCOTCH PLAINS — L'Academy Montessori, located at 1577 E. Second St., has planned an exciting and free summer camp for children aged 2½ to 5 years whose parents registered them for the September 2003 school year. Along with all regular activities like ballet, gymnastics, taekwondo, karate, swimming, they have also started the Indian Classical Dance and Yoga classes free for the interested students of the school.

Guru Gargi will start the classical dance and yoga coaching for the month of August every Saturday 9-11 a.m.

Gargi is a versatile kuchipudi dancer blessed with the spontaneity and devotional intensity that goes into the making of a true artist. She trained as a disciple of the noted kuchipudi maestro, kuchipudi exponent Padmabhusan Dr. Vempati Chinna Satyam and Durga Devi, renowned for their contribution to the revival

and popularization of this classical dance style, and she finished Bharatanatyam training under guidance of Master Guru Thankumani.

She got a gold medal at the age of 7 for her aesthetic movement and expression in West Bengal dance drama competition 1975. She started learning dance under Master Manaranjan Gupta and Arup Ghosh.

Gargi learned yoga in Sivananda Yoga Asram. This is her opportunity to prove that dance is not only a performing art — it has a social application.

Gargi is well-known in cultural circles. She is a founder-director of Omna Ancient Art Center International and opened the Omna-Shiva New Jersey branch. Gargi has performed widely in national and international festivals, and has won high acclaim from both the critics and connoisseurs of dance for her impressive dancing.

Latest 'Forum' addresses geese, railroad

County news

The restoration of limited freight rail service in parts of Union County and a program to reduce the Canada Goose population here are the topics of the latest "Freeholders Forum" television show sponsored by the Board of Chosen Freeholders.

Union County has contracted with the Morristown & Erie Railway to reactivate the Rahway Valley Railroad. This plan will have significant economic benefits for the county. The Federal Surface Transportation Board approved it in June 2002.

"This is a project that has had bipartisan support since 1991," County Manager George Devanney said.

If the county had not acted, freight service could have been restored without any restrictions on operating hours, length of trains, frequency of trains, and more. "What the County has accomplished is a contract to limit and place conditions on the railroad in order to better consider the concerns of the residents and the municipalities," said Rich Giuditta, an attorney for the railroad.

Over the past five years, Union County has seen a population explosion of Canada Geese in our parks. The geese have caused hundreds of thousands of dollars in cleanup costs, water pollution and damage to our parks, said Charles Sigmund, Director of Parks and Recreation. The county contracted with the Federal Department of Agriculture to have FDA workers, assisted by

parks employees, take geese from several county parks and euthanize them. The American Veterinary Medical Association has described the method used as humane. A federal court has upheld the roundup.

Past methods to mitigate the geese damage have included chemical sprays on the grass, habitat modification, tampering with the eggs, border collies and motorized boats.

"We've tried everything to resolve this problem," Sigmund said.

Union County will continue to study and implement ways of reducing the geese population and mitigating the environmental and financial damage they cause, Devanney said.

"We're going to continue to look at options to see what works," he said.

In each 30-minute program, Freeholders and guests discuss events and issues affecting the people of Union County. "Freeholders Forum" is produced by the Board of Chosen Freeholders and is made possible through the facilities and technical direction of Union County College.

Titled "Trains and Geese," the show will be aired through Aug. 9 according to the following schedule:

Union County (except Elizabeth and Plainfield) on Channel 57,

Mondays, 6:30 p.m.;

Scotch Plains on Channel 34, call (908) 232-2400, x 243 for more information;

Westfield, Scotch Plains, Fanwood, Mountainside on Channel 36, Fridays, 2 and 7 p.m.

Anyone wanting more information or to comment about "Freeholders Forum" can call the Office of Public Information, at (908) 436-2072 or email forum@ucnj.org.

Seniors' markets planned for August

The Union County Division on Aging in the Department of Human Services has announced the schedule of the Senior Farmers' Market Nutrition Program for the month of August. The Senior Farmers' Market makes locally grown fruits and vegetables available to eligible participants age 60 and older. A limited amount of free produce vouchers will be distributed on a first-come first-served basis.

"The Union County Freeholders encourage all seniors to support the Senior Farmers' Market," said Freeholder Deborah P. Scanlon, Chairwoman of the Board of Chosen Freeholders. "The Division on Aging has given over 1,500 vouchers to senior citizen across the county of Union."

Vouchers will be distributed at the following area locations during the month of August:

— Friday, Aug. 15. Gill Apartments, 40 Meeker Ave., Cranford. Registration begins at 9 a.m. The market will be open from 10 a.m.-2 p.m.

— Tuesday, Aug. 19. Garwood Seniors, Garwood Police Station, Center and South avenues, Garwood. Registration begins at 9:00 AM. The market will be open from 10:00 AM- 2:00 PM.

For more information about the Farmers' Market Program, please

Benefit race set Aug. 16

It's race time again, and CONTACT staff and volunteers are busy finalizing plans for the big day — Aug. 16.

The 5K Race, sanctioned by the United States Track and Field Association, is a major fundraiser for CONTACT We Care, drawing runners from around the Tri-state area. Held each year in Fanwood's LaGrande Park, the race has grown in popularity and is fast becoming an August tradition in this community. What began as a 5K Race in 1996 has grown to include a KIDS Sprint for children ages 2-12, and an Invitational Wheelchair Race.

Registration for the race begins at 4 p.m. Aug. 16. However, pre-registration is encouraged. Applications are available at the CONTACT office (908-490-1480) or online at OYMP.net. The pre-registration fee is \$17 before Aug. 11 (\$15 for USATF runners) and \$20 thereafter. KIDS Sprint registration is \$7. The first race event, the KIDS Sprint, starts at 5 p.m., followed by the 5K at 5:45, and the Wheelchair Race at 6:30. The awards ceremony begins at 7 p.m.

Whether you are an avid runner looking to add 500 Grande Prix points to your racing record, a parent of an up-and-coming track star under the age of 12, or a friendly spectator join us for an evening of fun, music, and refreshments at LaGrande Park in Fanwood on Aug. 16.

If interested in being a race day volunteer call Mary at 908-490-1480 or email contactw@verizon.net.

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(1-800-633-4227)

This message was prepared by FICOM. The HealthCare Quality Improvement Organization of New Jersey, Inc., under contract with the Centers for Medicare & Medicaid Services (CMS). The content does not necessarily reflect CMS policy.



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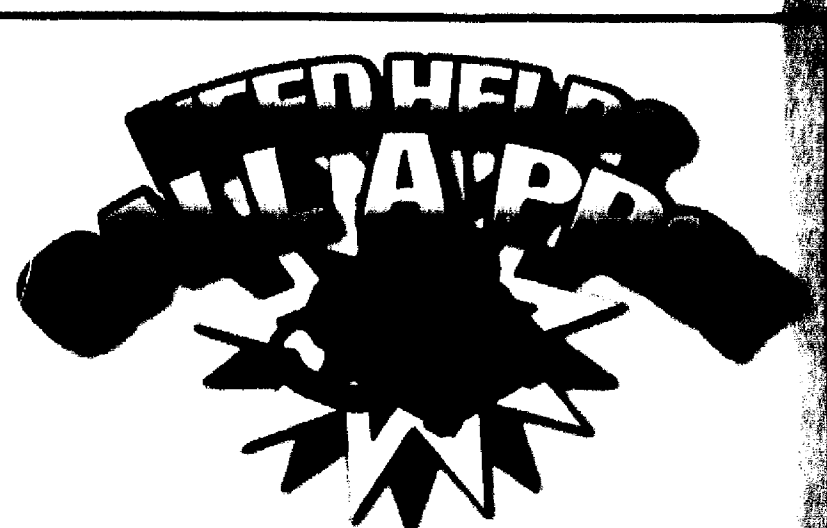
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Sports

MURPHY'S LAW

Do not speak unless spoken to

By DANIEL MURPHY
THE RECORD-PRESS

If there is anything more overexposed than reality television, it's golf.

The sport is everywhere. At least one tournament is on national television every weekend and there was even a made-for-TV primetime match Monday night. It has its own section in the middle of every Sports Illustrated. It's got its own channel. And it's got close to 1,257 weekly magazines dedicated to the sport. I'm not even going to try to fathom the amount of information available on the internet about the game and how to play it.

At every stop along the way there is a plethora of tips, drills and solutions for Jane and John Hacklort. These publications offer more quick fixes than your company's computer guy. But that isn't such a bad thing. Even though millions of people play the game most don't have a clue how to hit the ball.

However, because of all of these resources detailing how to fix any of a million potential glitches in your swing and hit any and every shot conceivable during a round, golfers are overloaded with information and ideas on how to properly hit a golf ball, resulting in paralysis through analysis.

If you over think it's your own fault, but the biggest problem is when your paralysis is a result of your playing partners over analysis of your swing. If you are one of these mainframes of proper technique and an uncertified guru of the golf swing, I ask just one tiny little favor — zip it. Put a cork in it. Keep to yourself. Consider this a preemptive shhhh.

There is nothing worse than receiving unsolicited swing advice on the third tee from somebody who is not a certified teaching professional. Just because you read the mags and have had a few lessons of your own, that doesn't make you the maestro of my swing. Receiving swing advice in the middle of a round is nearly as confusing as Oprah Winfrey being ranked the top pop culture icon of all time by VH-1.

(By the way, not only is it completely mind-boggling that she was ranked No. 1, but how is she even ranked ahead of Elvis (3), The Beatles (12), Michael Jordan (8) and Muhammad Ali (16)? Tom Cruise was ranked fifth. Yes fifth, ahead of Ali and Jordan. I knew this list was a joke when Whoopi Goldberg (135) was ranked ahead of Babe Ruth (136) and Hugh Hefner (138), and the Brady Bunch (19) beat out The Simpsons (21). But I digress...)

Golf has a gazillion rules, but the first rule of the golf swing is you should not talk about the golf swing. Once the first tee shots of the day are sprayed across the first hole, keep all swing advice to yourself.

Every golfer would agree that the less you think about your swing during a round, the better of you'll be. Therefore, having somebody in your foursome give you more to think about isn't going to help one iota.

No if you see a glitch in somebody's takeaway, follow through, setup or whatever, keep it to yourself until you're on the driving range together. There are only two reasons to give swing advice on the golf course: a) you were begged and b) you are down big bucks and need to make your money back on the back nine.

In that case, feel free to open your mouth and mess with your opponents head. Just be forewarned, you could mess up their swing for a long time and they may be your partner one day.

Scotch Plains wins district tourney

Will travel to Denville for Senior American Legion state finals this weekend

By DANIEL MURPHY
THE RECORD-PRESS

Playing sound fundamental baseball while receiving quality starting pitching and timely hitting, the Scotch Plains Senior American Legion baseball team won the District I tournament and will play in the American Legion state finals this weekend in Denville.

Scotch Plains opens the double elimination tournament 7 p.m. tomorrow in the final of the four opening round games against District IV runner-up Haddon Heights. The top-two finishers in the state finals will move on to the regional tournament in Connecticut.

Scotch Plains defeated Livingston 7-5 in the opening round of the tournament Saturday, Sparta 12-1 Sunday and Parsippany 8-1 in the championship game Monday. The tournament championship improves Scotch Plains' record to 21-3 this summer. Since the beginning of April the

legion team and the Scotch Plains-Fanwood High varsity team have combined for a 37-6 record.

"Reaching the state finals is huge," said Scotch Plains American Legion coach Bob Guy. "It's very hard to do in legion baseball. Our goal at the beginning of the season was to make the district tournament. Then our goal was to win it. Our goal now is to qualify for the regional tournament."

"Everybody did a great job. We did the little baseball things you have to do — when we needed to move runners over we did it, we hit grounder to the right side to get a guy to third base and we got the sacrifice fly to bring him in. Our pitching was phenomenal. You don't win those kinds of tournaments without good pitching. Those four guys did a great job."

Steve Pietrucha pitched 7 2/3 innings, allowing two runs, five hits and striking out eight. James Scalfaro pitched 10 1/3 innings, allowing four runs and seven hits while striking out nine.

Jeff Hensal was 9 for 13 in the tournament and scored five runs, often sparking the Scotch Plains rallies. Kevin Urban drove in nine runs in the three games and Kyle Baker and Steve Horn each added four RBI.

Scotch Plains 7, Livingston 5 — After falling behind 2-0 in the first inning, Scotch Plains rallied for three runs in the third inning to take a lead it would never relinquish. After an RBI single by Baker, Urban singled home two runs to put Scotch Plains up 3-2. In the sixth Urban added a two-run double to put Scotch Plains ahead 7-2. Livingston battled back with three runs in the top of the ninth, and had the tying runs in scoring position before Scalfaro got the final batter to fly out to Matt Powers in centerfield.

Scotch Plains 12, Sparta 1 — Steve Horn allowed one run on four hits while striking out six in 7 1/3 innings and Scotch Plains' bats slowly built an insurmountable lead. Hensal scored in the first and third innings to put Scotch Plains ahead 2-0. After

scoring twice more in the fourth and sixth Scotch Plains scored four times in the top of the eighth to build a 10-0 lead. Jarred Montagna had the big hit, driving home Baker and Horn with a single. Sparta scored once in the bottom of the eighth, then Scotch Plains answered with two more in the ninth.

Scotch Plains 8, Parsippany 1 — Scalfaro started for Scotch Plains and Pietrucha closed out the championship by striking out five of the final eight hitters he faced in an 8-1 win over Parsippany. Scotch Plains scored twice in the first on a sac fly by Urban and an RBI double by Montagna. Kyle Adams added a monster home run in the third, well over 400 feet, to put Scotch Plains up 3-1. Scotch Plains put the game away in sixth, scoring four times. After Baker drove in Adams with a single, Horn walked and Urban ripped a three-run double to deep left field for a 7-1 lead. John Maloney plated Andy Mulvey with the final run. Parsippany defeated Livingston 9-8 to earn the district's second spot in the state tournament.



Westfield's Mike Dubitsky slaps a tag on Scotch Plains' Ed Zazall during a regular season game between the two Senior American Legion squads. Scotch Plains advanced to the state finals, while Westfield exceeded expectations by posting a 15-3 record.

GEORGE PACCIOLLO/THE RECORD-PRESS

Westfield gets defensive, winning record follows

By DANIEL MURPHY
THE RECORD-PRESS

Entering the summer season, not many expected the Westfield Post 3 Senior American Legion team to win much more than half its games.

But behind a vastly improved defense and consistently strong pitching performances the squad posted a 15-3 record and finished fifth in Union County.

"A lot of people didn't think we'd do that well," said Head Coach Bob Gardella. "They all improved a great deal and played well together."

Perhaps the biggest improvement for Westfield came on the defensive side. Suspect at times during the spring's high school varsity season, Westfield was sure-handed from the start, and was turning double plays routinely by the end of the summer.

"Their fielding really improved," said Gardella. "At the beginning of the summer the story was the pitchers were good, but didn't always have the defense behind them. That wasn't the case by the end of the summer. We were turning double plays, throwing runners out. They really played well defensively."

"They hit well all summer and the pitching was good and consistent throughout. They had a lot of fun and won a lot of games."

John Boyd led the pitching staff, registering a 6-2 record with 34 strikeouts in 44 1/3 innings with a 3.00 earned run average. Bill Heuron posted a 3-2 record with 24 strikeouts in 28 1/3 innings. Mike Streamman went 3-1 with a 2.95 ERA and 18 strikeouts. Steve Meyer was 2-0 with four saves for Westfield, striking out 11 in 17 1/3 innings.

The offense was sparked by Mike Dubitsky, who led the team in average (.381), runs batted in (21) and walks (16) while also scoring 16 runs. Heuron and catcher Mike Murray were second on the team in average at .362. Murray scored 15 runs and drove in 12 while leading the team in on-base percentage at .702. He also had one home run. Heuron scored 21 times while driving in eight runs and walking 13 times with the team's second-highest on-base percentage (.690).

Ken Wichoski batted .349 with 12 runs, 18 RBI and a team-high 14 stolen bases. Mike Diaz batted .333 with 16 runs, 16 RBI and 11 walks and a .621 on-base percentage.

Westfield 5, Union 4 — Westfield topped Union 5-4 in the first round of the county playoffs behind a complete game effort from Boyd. Dubitsky added a two-run, two-out double to put Westfield up 4-1 midway through the game and put it out of reach. Boyd and Wichoski each had an RBI in the win.

Clark 6, Westfield 4 — Westfield then took on Clark, playing for the county's final spot in the district tournament. Post 3 took an early 4-1 lead, but gave up four runs in the bottom of the sixth inning. With two runners on in the top of the seventh, Streamman blasted a shot to deep center. But Clark's centerfielder made a terrific over-the-shoulder catch on the run, clinching the victory and ending a spectacular season for Westfield.

"When he hit it I thought it was a home run," said Gardella. "All you saw was the back of the centerfielder. I didn't think anyone would catch it. It was amazing he even got to it, it was a really crushed. It was a tremendous catch."

Downtown 5K huge success

By DAVID LAZARUS
RECORD-PRESS CORRESPONDENT

WESTFIELD — The picture told the story of the second annual Westfield Downtown 5k and Pizza Extravaganza better than any narrative could. Piled high to the side of the finish line were over 300 empty boxes of pizza purchased by local restaurants which were tirelessly distributed to runners and spectators by the Westfield Jaycees.

Everything about the race held the evening of July 24 on the streets of downtown Westfield came up roses, from the weather, which for the second straight year was nearly perfect, to the flawless race organization led by race director Mark Zenobia of On Your Mark Productions (OYMP) and Downtown Westfield Corporation (DWC) Chairman Alan DeRose who was ubiquitous, managing numerous tasks simultaneously.

"This race could not have happened without the great volunteers," said Zenobia, who cited the many Westfield Jaycees led by their energetic leader Craig Stock.

DeRose was pleased with the turnout of 1102 finishers which was 220 more than last year's inaugural event. "There was a very good word of mouth about this race," said DeRose.

The competitive side of the race was dominated by former local high school runners. Winning easily was former Roselle Park star Anthony De Benedictis, who smashed the

course record with an impressive 14:58 clocking. De Benedictis, who runs for the Sneaker Factory took the lead early and was never threatened. Former Cranford standout Tim Styler, also of the Sneaker Factory, was third in 15:45.

The women's champion was Julie Culley of Lebanon, NJ in 17:49, which was also a course record.

As expected the battle for top Westfield finisher was a contest between the young and the old with 1997 Westfield High graduate Chris Tafelski outrunning Rick Pingitore.

"I figured someone younger than me would win the prize," said Pingitore, who was also second master and tenth overall with a 16:51 clocking. "Westfield has a lot of great young runners and is a tremendous running town."

For the second straight year the top Westfield women's finisher was former Blue Devil star Lauren Saul in 19:14. But unlike last year when she was the first overall woman Saul, battling leg injuries, settled for fourth outlasting Sheila Courter of Westfield (19:32).

Mike Borik, 41st overall in 18:39, was the top Scotch Plains finisher, while Maureen Maguire (24:04) was the top Scotch Plains woman. Steven Moore led the Fanwood finishers with a 20:42 clocking, good for 120th overall. Susan Graff (22:57) was the top Fanwood female and was second in her age group.

Newark Bears will host Westfield Night

The 2002 Atlantic League Champion Newark Bears will host the first annual Westfield Night at Bears and Eagles Riverfront Stadium Monday, Aug. 18 for the 7:05 p.m. game against the Camden Riversharks.

Organizing the event is Josh Falcone, a Westfield High grad who was recently hired by the Bears to serve as Public Relations Coordinator after finishing his final year in Boston University's School of Management, with a concentration in Finance.

Westfield Night is an opportunity for residents of Westfield to join together at the ballpark and enjoy an exciting game of Newark Bears baseball. The

event presents groups and residents an opportunity to be involved in many ways with activities on the field. Currently, the following activities are still looking to be filled: pre-game on-field presentation, singing of the National Anthem, a Color Guard presentation and "Field of Dreams," which enables a baseball team to stand on the field with Bears' players during the National Anthem. There are also several on-field promotions taking place between innings which residents may take part in.

For more information about Westfield Night contact Josh Falcone in the Bears Public Relations Department at (973) 848-1000 ext. 113.

YOUTH SPORTS

Willow Grove Splashes Memorial

During the third week of the season, Willow Grove defeated Westfield Memorial 7-0, bringing the Barracudas record to 7-0. Leading off with first place finishes in 10 were (9-10) Julia Rios and Joe Dunn, (11-12) Megan Gartner and Andrew Smith, (13-14) Lindsey Hauptman and Mike Miller, Christine Marino and Katie Kosenick turned in a one-two finish for 15-16 women followed by a sweep by men's Ryan Hauptman, David Hauptman and Daryk Middleton. Also delivering the M'vases were Caitlyn Campbell, Melissa Fitzgerald, Hayley Middleton and Christine Altman.

Freestyle continued the drive to victory with one-two punches by (8U) Brendan McKenna and Matt Marino and (7U) John Boyle and Sam Behou. (11-12) Kate Johnson and Stephanie Ballo, and John Kosenick and Zak Koch, and (15-16) Brian Gartner and Eric

Swimmers also turned in one-two finishes

Placing first in their events, were Evelyn Yuen, Julia Rios, Greg Gallo, Spencer Hamblin, Scottie Marino, Lindsey Hauptman, and Evelyn Yuen. Also scoring were Jackie Fletcher, Caroline Rios, Elsa Laibkow, and Hayley Middleton. Additional freestyle competing for Willow Grove were John Cavallaro, Joe Hammer, Karl Gilman, Madeline McGovern, Mike Boyle, Alex Favares, Andrew Lyle, Jennifer Vingling, Daniel Kline, Shannon, Mulligan, Ryan Coughlin, Brian Levine, Kevin Lyle, Kevin O'Leary, Alex Tarnashoff, Melissa Sarr, Michael Hartman, Andrew Van Harsen, JB Walling, Chris Zazzali, Benjamin Wallen, Matt Hillard, Mike Sheffield, Bridget McGovern, and Kayla McAlindri.

Breaststroke swimmers added to WG's score. (8U) John Boyle and Ryan McKenna delivered a 1-2 finish. (9-10) Joe Dunn and

Jason Shatt, and (15-16) Evelyn Yuen and Maggie Guzman also squeezed out the competition with 1-2 finishes. Rebecca Dunn, Jon Kosenick, Lindsey Hauptman, and Scottie Marino placed first in their events. Claiming 3-4 spots for (15-16) men were Mike Sheffield, David Hauptman, and Daryk Middleton. Also scoring for WG were Basia Czech, Hannah Graessy, Megan Huerter and Elsa Laibkow, Colin Campbell, Emily Carrow, Theresa Chrysal, Kevin Coughlin, Megan Derrnan, Christina DiTello, Katherine Fletcher, Katie Gartner, Lisa Gallozz, Grace Wallen, Melissa Whitaker, and Cassia Zito also performed well in breaststroke events.

WG highlights of backstroke events were 1st and 2nd place finishes by (8U) Joseph Ham and Hannah Graessy and (15-16) Christine Marino and Maggie Guzman and a sweep by (15-16) Ryan Hauptman, Eric Swenson, and Billy Swenson. 1st and 3rd

place performances were turned in by (9-10) Greg Ballo and Jason Shatt, (11-12) Kate Johnson and Stephanie Ballo. Also placing first were (11-12) Andrew Smith, (13-14) Samantha Carrow and Mike Miller, and (RU) Ryan McKenna. Strong backstroke was demonstrated by Judy Fitzpatrick, Catherine Coughlin, Dani Delbons, Shannon Fawzy, Sara Hammer, Anna Laibkow, Rebecca Kline, Sharley Boyle, Kelly Dingling, Chris Gilman, and Ben Rios as well.

The Barracudas captured 8 out of 10 first place finishes in butterfly. Delivering one-two punches were (11-12) Megan Gartner and Rebecca Dunn, (13-14) Scottie Marino, and Mike Miller, (15-16) Evelyn Yuen and Katie Kosenick and Brian Gartner and Mike Sheffield. Placing first for their events were (8U) Jocelyn Yuen, (9-10) Greg Ballo, and (13-14) Kate Johnson and Jon Kosenick. Also scoring for WG were Molly Yergalakis and

Greg Favares. Caitlyn Mulligan and Emma Cavallaro demonstrated strong freestyle. The meet concluded with the boys by Barracudas athletes of (8U) John Boyle, Spencer Hamblin, Guy Lene, and Ryan McKenna, (9-10) Greg Ballo, Joe Dunn, Greg Ballo, Rebecca Dunn, Megan Gartner, and Kate Johnson, (13-14) Scottie Marino, and Campbell, Mike Miller, and Dan Smith, and Lindsey Hauptman, Molly Yergalakis, and Samantha Carrow, and Hayley Middleton, (15-16) Brian Gartner, Maggie Guzman, and Swenson, and Evelyn Yuen.

Also contributing to WG effort were Kate Guzman, Jordan Gattesi, Matt Sarr, Grace McAlindri, Tyler Swenson, and John Smith, Olivia Wallen, Jon Swenson, and Whittie.

Decision to build reef was the right call

By MANNY LUFTGLASS
CORRESPONDENT

The "Gone Fishin'" tally for 2003 at Spruce Run Reservoir has reached pretty impressive numbers so far for the two fish that really count for me.

Sure, I nailed the biggest northern pike I ever saw there, too, this year, as well as the largest white perch I ever heard of being caught in non-private water. But you steady

readers know I really am after two fish at Spruce Run and as of Friday, the totals were 28 hybrid bass ("Rockets") and 25 carp. That makes doggone near double the numbers caught by this time last year. And the fun has just begun!

I'll tell you all about the last four outings I was on soon but for now, let's hear from the good guys at the New Jersey Division of Fish and Wildlife.

GONE FISHIN'

First, as you know, the first group of cleaned old New York City subway cars was added to the Cape May artificial reef July 3. Another 50 went down after that, but I never did hear where. My guess is that it was at the reef off Belmar. Well, the third group of 50 went down Friday! This time, the already-present Atlantic City artificial reef was expanded.

In case this is confusing you, let me explain. A political football got kicked around before the governor was elected, and the "football" was our artificial reef program. We lost out, albeit for a while, but to the rescue finally came the State Department of Environmental Protection (and I guess the governor), when it agreed to accept 250 old subway cars for addition to five of our reefs.

The pseudo-environmentalists who convinced the prior acting gov-

ernor to refuse adding subway cars based their argument on the supposition that they had asbestos within their walls. Of course, 90 percent of the old ships that are laying down at the bottom have far more asbestos within their bulkheads but no one thought about that, I guess.

It was proven to the current administration's satisfaction that although the subway cars did have asbestos inside their walls, the substance would stay put and not harm anyone.

You steady readers know I was the founding father of the Somerville Environmental Commission years ago and was (and remain) a "Class A environmental nut" myself, but the opponents were really into overkill. Fortunately, cooler heads prevailed and by year's end, we will have 250 wonderful fish factories lying on the bottom from Sandy Hook down to Cape May. You see, such objects attract fish!

More from the DEP — the non-

political 12th annual Governor's Surf Fishing Tournament will be held Sunday, Oct. 5 at Island Beach State Park. Anglers compete for a variety of prizes from 6:30 a.m.-1 p.m. Lots of government big-wigs will be there (I hope to be nailing some "rockets" at Lake Conroe in Texas at the same time, though).

Write for an application to Governor's Surf Fishing Tournament, Nacote Creek Research Station, P.O. Box 418, Port Republic, N.J. 08241.

More news — The Newark Bait and Flycasting Club will hold its 26th annual People with Disabilities Fishing Derby Saturday, Sept. 13 at the pond in Warinanco Park, Roselle.

Sponsors are the Union County Department of Parks and Recreation and the N.J. Division of Fish and Wildlife. Anyone with a disability can enter but it must be done by Sept. 5. Call Ellen Chase at (908) 527-4096. Volunteers can sign up by calling Rich MacDonald (973) 667-7642 or Art Dolgan (201) 313-5168 of the club.

And about those last four trips. Well, one was to the Delaware River

on board Ron Bern's fine boat. He had fished alone the week before catching a monster of a carp, estimated at 20 pounds, along with a bunch of small striped bass and a few channel catfish. Well, he caught our only carp again, a 13-plus-pounder. We also produced a half-dozen catfish and maybe 30-plus strippers. The bait we used for the "game fish" bass was, giggle, chicken liver!

And here are the exact numbers some of those sailings at Spruce Run Reservoir, my home away from home each summer.

First it was July 14, for hybrid No. 24, a small one, plus two "keeper" (at least 24 inches) northern pike, an eel, and a big slab-sized crappie. Then I motored to my carp anchorage for a little channel catfish and 10 — count them, TEN — carp, which is the most I ever caught at Spruce Run in one day.

Next time it was five nasty slime-ropes (eels) and a yellow catfish plus a four-pound channel cat. But add to that a 16-inch largemouth bass and four more hybrid bass to seven pounds plus four carp as well.

'Scuze me, gone fishin'.

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Deadline Noon
Wednesday
Prior To
Publication

Westfield resident is charged with lewdness

WESTFIELD

James Murphy, 59, of Westfield was charged with lewdness after neighbors reported that he exposed himself to them Saturday.

James McKeon, 73, of Westfield was charged with driving while intoxicated on South Avenue after a motor vehicle accident July 25. He allegedly refused a breathalyzer test, as well.

Grant E. Gordon of Scotch Plains was charged with driving while intoxicated and recorded a .14 percent BAC Saturday.

Wayne Abelita of Woodbridge was charged with driving while intoxicated after reportedly recording a .13 percent blood-alcohol content.

A passenger, Isabelle M. Kuriata, 33, of Woodbridge was charged with obstruction of administration of the law during the motor vehicle stop Sunday.

Thomas R. Dubrin and Christopher Budd of Brooklyn, and Andrew Hickey of the Bronx were charged with underage possession of alcohol Saturday.

Budd was also charged with possession of marijuana under 50 grams.

A Summit Ave resident reported that someone melted the fender on his Nissan pick-up truck July 22.

Darion Shaw, 20, of Westfield was charged with criminal mischief after he allegedly kicked in the front door of the Rialto Theater

Police Log

July 23.

Jeune Winborche, 25, of Irvington was charged with drug possession and picked up on warrants out of Montclair, Livingston, Newark, Bloomfield and Scotch Plains totaling \$1,925 after a motor vehicle stop July 24.

A resident of the 300 block of Windsor Road reported identity theft after a collecting agency called him about a \$2,400 bill for a Bowflex July 24.

SCOTCH PLAINS

Jewel Barthe, 42, of Scotch

Plains was charged with drug possession and possession of paraphernalia and picked up on a contempt of court warrant after a motor vehicle stop July 23.

A resident of Black Birch Road reported that his son's mountain bike was stolen from his property July 22.

A North Plainfield resident reported that someone broke into his vehicle and stole \$30 while it was parked at the Scotchwood Diner July 23.

A Springfield resident reported that while her vehicle was parked at 4A Automotive at 2590 Plainfield Ave., the radio was stolen. The victim said that her vehicle was parked from there July 17-21.

FANWOOD

An attempted burglary to a

residence in the 200 block of North Avenue was reported July 21.

At 11:47 a.m., the resident heard glass breaking and yelled, then heard someone run away. No entry was gained, but a rear window was broken.

Someone reported an attempted motor vehicle theft at the north side train station July 21.

A white male in his 30s was

observed breaking into one car and then driving off in another. When police arrived they found the steering column on the car ripped off.

A burglary was reported in the 80 block of South Martine Avenue July 21 between 7 a.m. and 9:15 a.m.

The first floor master bedroom was ransacked and second floor rooms were disturbed as well.

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• Check out the resources and information about nursing home quality on the Medicare Nursing Home Compare Website at www.medicare.gov, or call 1-800-MEDICARE (1-800-633-4227).

• Visit nursing homes, speak with staff and residents, and ask questions.

• Talk to people who know about nursing home care, such as the New Jersey Office of the Ombudsman at 1-877-582-6995.

This message was prepared by PRONI, The Healthcare Quality Improvement Organization of New Jersey, Inc. under contract with the Centers for Medicare & Medicaid Services (CMS). The content does not necessarily reflect CMS policy.

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Real Estate

Historic Norris-Oakey House on sale

CRANFORD — One of Cranford's and Union County's oldest early American homes, the Norris-Oakey House, circa 1740-50, is on the market. The home is located in the Orange Avenue section of Cranford, on almost 1/3 acre of land with a two-car garage and a large yard with Japanese garden area. Additions were constructed in the 1800s, and the house has been improved to become the grand home it is today.

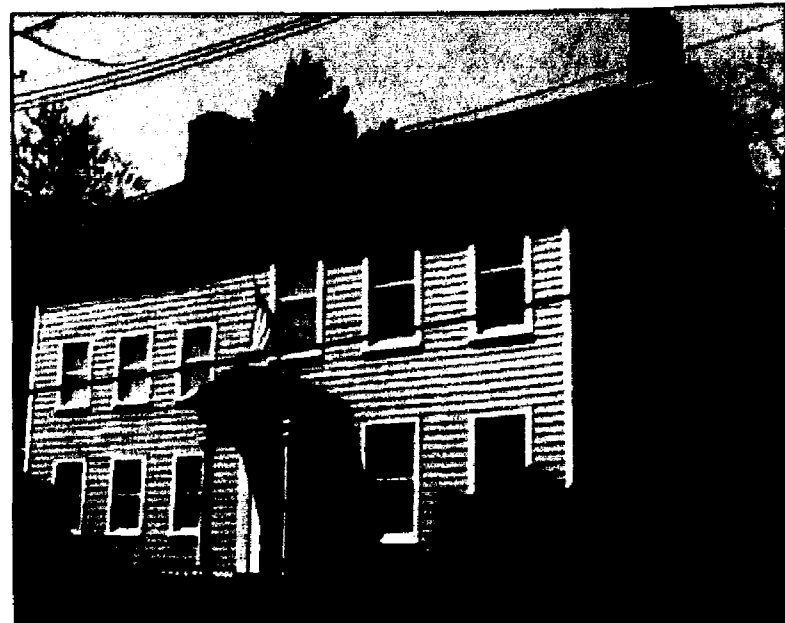
Listing agent Richard Sendell suggests that anyone who loves

history and big older homes should call ERA Statewide Realty at (908) 709-8400 for an appointment to view this house.

Many families, starting with the original owner, Samuel Norris, have enjoyed the home's many features. The house offers four large bedrooms, two full bathrooms, a large great room, a very large formal dining room, living room, center den/office, exercise/conservatory room, and a large modern kitchen with center island and separate dining area. There are four fireplaces and one

wood-burning stove, beautiful hardwood floors, multi-zoned heating, ceiling fans, sound system, laundry room, special A/C units, track lighting and more.

The formal dining room with the original wall going up the front stairs underscores how special this property is. For the family or couple seeking the best, wrapped in the history of early America, Cranford and Union County, located close to the center of town, schools and parks, call to see this special home for sale. The asking price is \$527,900.



The Norris-Oakey House, located on Orange Avenue in Cranford, is one of the township's earliest remaining structures. It dates to about 1740.

UNION COUNTY MORTGAGE RATES

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15 YR FIXED	4.875	0.00	4.900	20%	45 DAY	15 YR FIXED	5.125	0.00	5.146	N/P	N/P DAY	15 YR FIXED	5.000	0.00	5.190	0%	60 DAY
30 YR JUMBO	5.625	0.00	5.690	20%	45 DAY	30 YR JUMBO	5.875	0.00	5.884	N/P	N/P DAY	30 YR JUMBO	6.000	0.00	6.190	0%	60 DAY
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15 YR FIXED	4.750	0.00	4.850	5%	60 DAY	15 YR FIXED	4.875	0.00	4.990	5%	90 DAY	15 YR FIXED	4.500	2.00	4.710	5%	30 DAY
5 YR FIXED	2.450	0.00	3.890	20%	60 DAY	5/1-30 YR	4.125	0.00	3.860	5%	90 DAY	OPTION ARM	1.950	1.00	3.290	10%	30 DAY
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Columbia Bank						Kentwood Financial						Partners Mortgage					
30 YR FIXED	6.000	0.00	6.011	20%	60 DAY	30 YR FIXED	6.000	0.00	6.130	5%	60 DAY	30 YR FIXED	5.250	0.00	5.290	5%	60 DAY
15 YR FIXED	5.000	0.00	5.080	20%	60 DAY	15 YR FIXED	5.250	0.00	5.380	5%	60 DAY	15 YR FIXED	4.625	0.00	4.670	5%	60 DAY
1 YR ARM	3.625	0.00	3.416	20%	60 DAY	30 YR JUMBO	6.250	0.00	6.380	10%	60 DAY	30 YR JUMBO	5.625	0.00	5.670	5%	60 DAY
Call for jumbo mortgage rates						20 Year Fixed: 5.75%, 0 points, 5.88% APR						E-mail address: partnersm@aol.com					
Comer/Fmr Commonwealth Bk						Highhouse Mortgage						Security Bank					
30 YR FIXED	5.750	0.00	5.790	5%	45 DAY	30 YR FIXED	5.250	3.00	5.280	5%	45 DAY	30 YR FIXED	5.625	0.00	5.670	5%	60 DAY
15 YR FIXED	5.250	0.00	5.290	5%	45 DAY	15 YR FIXED	4.500	3.00	4.580	5%	45 DAY	15 YR FIXED	4.750	0.00	4.810	5%	60 DAY
30 YR JUMBO	6.000	0.00	6.040	5%	60 DAY	30 YR JUMBO	5.500	2.50	5.580	10%	45 DAY	10/1-30 YR	5.250	0.00	4.790	10%	60 DAY
No Application, commitment or broker fees!						Consistently lower than the rest! Open 7 days a week 9-9						Other products available, please contact us for more details & rate info					
First Savings Bank						Loan Search						United Trust Bank					
30 YR FIXED	5.500	3.00	5.780	5%	60 DAY	25 YR FIXED	5.500	0.00	5.550	10%	60 DAY	30 YR FIXED	5.625	0.00	5.643	5%	60 DAY
15 YR FIXED	4.625	3.00	5.139	5%	60 DAY	15 YR FIXED	4.880	0.00	4.930	10%	90 DAY	15 YR FIXED	4.875	0.00	4.905	5%	60 DAY
5/1-30 YR	4.375	0.00	4.057	5%	75 DAY	30 YR JUMBO	5.880	0.00	5.910	5%	90 DAY	20 YR FIXED	5.375	0.00	5.399	5%	60 DAY
15 year fixed is biweekly						www.loansearch.com											

CALL 800-426-4565 TO HAVE YOUR RATES DISPLAYED HERE!!

Rates are supplied by the lenders and presented without guarantee. Rates and terms are subject to change. Lenders interested in displaying information should contact C.M.I. @ 800-426-4565. Contact lenders for more information on other products or additional fees which may apply. C.M.I. and the NJN Publications assume no liability for typographical errors or omissions. Rates were supplied by the lenders on July 24, 2003. N/P-not provided by institution

VISIT ALL LENDERS @ www.cmi-mortgageinfo.com

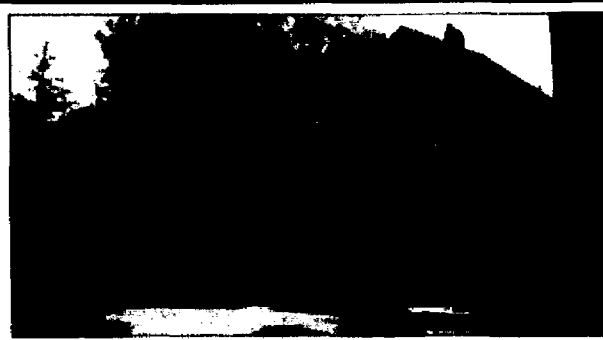
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Statewide Realty

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(908) 709-8400

AWARD WINNING OFFICE



YESTERYEAR'S CHARM!! **\$389,000**
Westfield - Fills the spacious rooms of this lovely 2-story Colonial with 3 Bedrms, 1.5 Baths, Living Rm w/fireplace, Dining Rm leading onto lg deck. Modern EIK w/Corian counter tops. 3rd Floor Bedrm/Studio has pickle oak floor. Graceful living for just \$389,000. Call Now!!



908-709-8400



Prudential

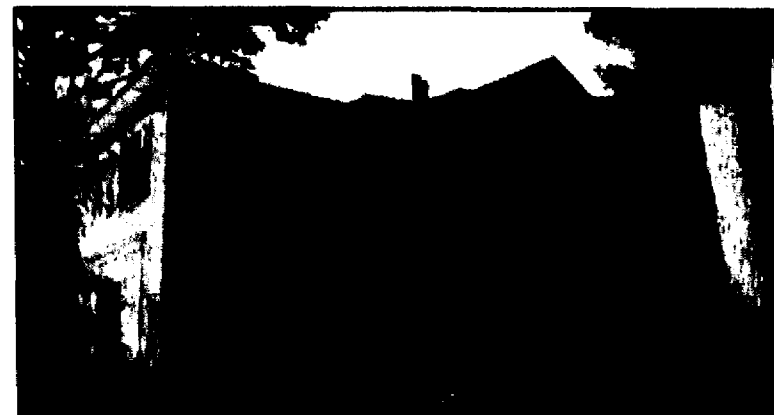
New Jersey Properties



Unique 7 rm Tudor with European flair. Spacious open floor plan with beautiful kitchen. Gleaming hardwood floors thru-out. Cathedral Ceiling and skylite in one bedroom. 2 car garage with loft. **\$439,000.**



Charming English Colonial features 8 rooms including a formal living room with fireplace, formal dining room, 3 Bedrooms, plus a Master Bedroom on the 3rd floor. **Asking \$492,500.**

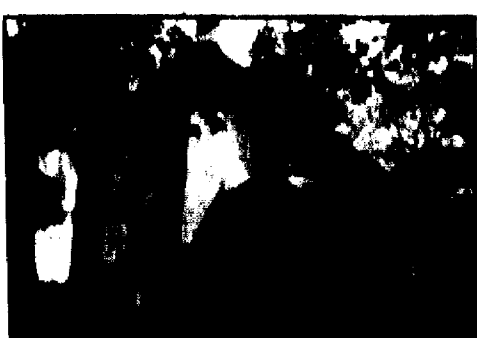


One of Cranford's Finest! Gracious 11 Room Victorian home offers 6 Bedrooms, 4.5 Baths on picturesque .89 acre property. Call for a personal showing. **Presented at \$999,100.**

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Cranford**



**500 Central Avenue
Cranford**



**19 Canterbury Pl.
Cranford**

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Agent of the Month — Dana Hutchinson

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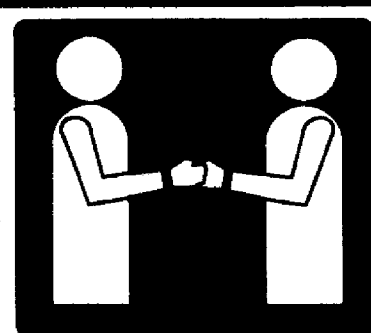
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New 2003 Chevrolet CAVALIER

\$9580

SAVE '6335
4 cyl. auto trans. air, pwr str/bkrs, r/spoiler, tilt, floor mats, int wip, AM/FM stereo, CD, b/s mldgs, front mud guards, MSRP \$15,915, VIN #37193371. Price incl. \$4000 rebate, \$1000 Chevrolet loyalty rebate if qual. & \$750 military rebate if qual.

New 2003 Chevrolet Malibu

\$11,995

SAVE '6500
V6, auto OD trans. air, pwr str/bkrs, cloth int, AM/FM stereo, CD, tilt/steering wheel, rear locking diff, trailer hitch, MSRP \$18,495, VIN #3M662748. Price incl. \$3000 rebate, \$1000 Chevrolet loyalty rebate if qual, \$750 bonus cash & \$750 military rebate if qual.



New 2003 Chevrolet BLAZER, LS

\$22,180

SAVE '6767

4 dr, 4300 V6, auto OD trans, w/elect ctrl air, pwr windows/locks/mirrors, rear locking diff, AM/FM stereo, CD, tilt, tilt steering wheel, leather cloth seats, cruise, keyless entry, tilt, fog lights, MSRP \$28,947, VIN #3K175138. Price incl. \$3000 rebate, \$1000 Chevrolet loyalty rebate & \$750 military rebate if qual.

New 2003 Chevrolet TAHOE

\$29,280

Vortec 4800 V8, auto trans, air, pwr str/bkrs, cloth int, AM/FM stereo, CD, tilt/steering wheel, rear locking diff, trailer hitch, MSRP \$39,000, VIN #3J242831. Price incl. \$3000 rebate, \$1000 Chevrolet loyalty rebate if qual, \$1000 bonus cash & \$750 military rebate if qual.

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GREAT SELECTION!

'00 Chevrolet Prism Sedan

4 cyl. auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 26,625 mi, Bk #426P, VIN #Y2437324

\$8585

'00 Chevrolet Impala Sedan

4.9L V8, auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$13,485

'01 Chevrolet Malibu Sedan

4 cyl. auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$9485

'02 Toyota Tacoma Xtracab SR5

4 dr, 4.7L V8, auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$13,985

'99 Volkswagen New Beetle 4dr Hardtop

2 dr, 4 cyl. auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$9885

'00 Chevrolet K1500 Silverado LS

4 dr, 4.8L V8, auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$15,485

'99 Chevrolet Tahoe 4x4 SUV

4 dr, 4.8L V8, auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$10,285

'00 Chevrolet Blazer LT 4x4 SUV

4 dr, 4.8L V8, auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$15,485

'00 Chevrolet Venture

4 dr, 4.8L V8, auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$10,385

'02 Chevrolet Trailblazer LTZ

4 dr, 4.8L V8, auto trans, pwr str/bkrs, A/C, AM/FM stereo, dual air bags, tilt, fog lights, 13,629 mi, Bk #4154P, VIN #Y2437324

\$28,840

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OR E-MAIL US AT norris@norrischevrolet.com

General Help 240

DISPATCHER

The Garwood Police Department will begin handing out application packets for the position of a civilian police dispatcher. The packets may be picked up at the Garwood Police Desk, 403 South Avenue Garwood, NJ between the hours of 9:00 am thru 6:00 pm - July 31, August 1, 2 & 3, 2003. Equal Opportunity Employer.

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- Professional Bartenders
- Waitstaff
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Competitive wages, FT and PT positions available. Benefits package. Experience preferred but not necessary.

Please call 908-233-4141

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Cranford, NJ based company has an opening for a career minded person. We develop and test formulas for non-dairy ice cream and food products. NO experience necessary. We will train. Entry level applicants. Please call 908-272-2400 between 2pm and 5pm and ask for Elleen, or email resume to elleen@totofit.com

LEGAL SECRETARY

PT for busy Insurance Defense Firm. Experience a must. Word, Perfect 8, Windows & Dictaphone. All benefits paid. Salary commensurate w/exp. Call Peggy 908-666-1166

LIFEGUARDS

\$10/hr. Chatham. Must be cert. & stay until Labor Day. Call St. Nick Pools 908-444-3323

Looking for a Federal or Postal Job? What looks like the ticket to a secure job might be a scam. For information, call the Federal Trade Commission, toll-free, 1-877-FTO-HELP, or visit www.ftc.gov. A message from FTO Publishing and the FTC.

MAINTENANCE

Cranford Health and Extended Care seeks maintenance assistant. Please call HR Dept. at 908-272-8800 or fax resume to 908-272-2424

MOVIE EXTRAS/ MODELS NEEDED!

Earn up to \$400 - \$600 Per Day. No Experience Required. Call M.C. Inc. 1-800-814-0877 ext 6123

NANNY

Westfield: exp nanny to care for 8 mo. old in our home. Start mid-Sep. M-Th 7am-7pm. Fluent English. No req. Call 908-926-9639

Process medical claims

from home! Use your own computer! Find out how to get a medical billing agent from the Federal Trade Commission, 1-877-FTO-HELP. A message from FTO Publishing and the FTC.

SIMPLE WORK / TOP PAY

Honest work! No need to assemble refrigerator models. Serious Work Only! National Home Assemblers, 1-877-305-2100

General Help 240

TELEMARKETING Evening

Fast growing company has immediate positions available in our Union or Mountaineer locations. Computer literacy is essential. PT evening schedules available. Inquiries should be faxed to: 908-666-4206 Attn. Ray or call 908-664-8882

Unemployed??

AFFORDABLE HEALTHCARE! \$60.00/month per Family. No limitations. All Pre-existing Conditions OK. Call United Family! 800-236-4415 x1075 CE04619

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YARD PERSON

Westfield Lumber and Home Center has FULL TIME year round position available for yard person/driver. Must have valid driver's license. Apply in person: 700 North Ave. East Westfield, NJ 908-233-6888

CHILD CARE

For 1 yr. old in Minne. home. FT or exp. req'd. Eng. exp. req'd. 908-233-6888

CHILDCARE

PA, after school, Sept. 8pm, need 4. Flu. Eng., exp. req'd. New Jersey. Call 908-666-1166

CUSTOMER SERVICE/SALES

Busy Maplewood insurance agency seeks energetic, reliable person with excellent communication. Training will be provided. Please email resume to christine.cooper@statefarm.com

DAY CARE DIRECTOR

For multi-cultural in Union County, position CDA & early childhood education. People organizational skills must. Send resume to 205 East Lincoln, Roselle Park, NJ 07068

MANICUR

Natural nails only. No polish. 908-666-1166

RECEPTION OPERATOR

PT. Excellent phone skills a must. Fax resume to 908-233-6888

SPRINGFIELD YOUTH

Instructors needed for Step, South, North, Boxing, Spin, etc. Also Fitness Staff, early am, weekends. Tracy, 978-447-7200

WATER/WASTE

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Medical Help

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Mon. 1st Class. Great staff! 908-666-1166

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5 Full Years!
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**Brand New 2003 Mercury
Mountaineer
All Wheel Drive**

RED CARPET OPTION
\$329
Per Mo. For 39 Mos.**

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- Automatic Transmission
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- Power Brakes
- Power Windows
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- CD Player
- Tinted Glass
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- Tilt Steering Wheel
- Cruise Control
- Leather Interior
- Moonroof
- \$4,837
- VIN#3UJ17899
- MSRP \$34,080

Red Carpet Option w/10,500 mi/yr; 20c Payments based on \$0 customer cash, \$3500 cash, \$1250 lease renewal rebate if qualified, & \$0 due at lease inception. Purchase price = \$314. Ttl pymts = \$12,302. Ttl cost = \$26,816

Lincoln LS Luxury Sedan

4 dr. V6, auto trans, pwr str/bk/wind/locks/trunk/seats, AIR, AM/FM stereo cass, CD chng, t/ps, r def, tilt, cruise, leather, moonr, STK #3K23, VIN #3V686134, MSRP \$38,055. 39 Month Red Carpet Option w/10,500 mi/yr; 20c thereafter. Payments based on \$0 cust cash, \$6500 customer rebate, \$1500 lease renewal rebate if qual & \$0 1st pymt = \$0 due at lease incept. Purch op = \$15,602. Ttl pymts = \$13,642. Ttl cost = \$29,244

RED CARPET OPTION

\$359
Per Mo. For 39 Mos.**

Lincoln Aviator Premium AWD

V8, auto trans w/OD, pwr str/bk/wind/locks/seats/trunk, AIR, AM/FM stereo cass w/CD chng, tilt, cruise, r def, t/ps, leather, moonr, STK #3A17, VIN #1Z18084, MSRP \$47,460. 39 Month Red Carpet Option w/10,500 mi/yr; 20c thereafter. Payments based on \$0 cust cash, \$5750, and lease rebate, \$1000 renewal rebate if qual & \$0 1st pymt = \$0 due at lease incept. Purch op = \$21,842. Ttl pymts = \$19,442. Ttl cost = \$41,371

RED CARPET OPTION

\$509
Per Mo. For 39 Mos.**

Lincoln Navigator Ultimate 4x4

V8, auto trans w/OD, pwr str/bk/wind/locks/seats/trunk, AIR, AM/FM stereo cass w/CD chng, tilt, r def, tilt, cruise, leather, moonr, pwr n seat, running boards, AM/FM stereo, VIN #1Z18084, MSRP \$57,235. 39 Month Red Carpet Option w/10,500 mi/yr; 20c thereafter. Payments based on \$0 cust cash, \$4000 customer rebate, \$1250 renewal rebate if qual & \$0 1st pymt = \$0 due at lease incept. Purch op = \$21,600. Ttl pymts = \$29,544. Ttl cost = \$51,254

RED CARPET OPTION

\$629
Per Mo. For 48 Mos.**

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2000 Mercury Grand Marquis GS
V8, auto trans w/OD, pwr str/bk/wind/locks, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, 47,966 mi, STK #3M1215A, VIN #YX694347
\$11,995

1997 Mercury Mountaineer AWD
V8, auto trans, pwr str/bk/wind/locks, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, leather, moonr, 63,209 mi, STK #3N35B, VIN #VUJ21493
\$12,495

1998 Lincoln Town Car Signature
V8, automatic transmission, pwr str/bk/wind/locks/mirrors, AIR, AM/FM stereo cass, tilt, cruise, r def, leather moonr, 43,481 mi, STK #3L103A, VIN #WY701252
\$14,995

2002 Ford Mustang Convertible
V6, auto trans w/OD, pwr str/bk/wind/locks/seats, AIR, AM/FM stereo cass, tilt, cruise, r def, vinyl, 14,082 mi, STK #3P27, VIN #2F189480
\$19,995

2003 Mercury Grand Marquis LS
V8, auto trans, pwr str/bk/wind/locks/seats, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, leather, 21,084 mi, STK #3P82, VIN #3X672852
\$20,995

4.9% APR Financing!
6 Year, 75,000 Limited Warranty
141 Point Inspection On Lincolns
115 Pt. Inspection On Mercurys

2003 Mercury Grand Marquis LS
V8, auto trans, pwr str/bk/wind/locks/seats, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, leather, 17,845 mi, STK #3P54, VIN #3X672194
\$21,995

2000 Lincoln Town Car Signature
4 dr. V8, auto trans w/OD, pwr str/bk/wind/locks/trunk/seats, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, leather, moonr, 27,201 mi, STK #3P48, VIN #YX694350
\$23,995

2000 Lincoln Town Car Signature
4 dr. V8, auto trans w/OD, pwr str/bk/wind/locks/trunk/seats, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, leather, moonr, 26,707 mi, STK #3P64, VIN #YX694350
\$23,995

2002 Mercury Mountaineer AWD
V8, auto trans, pwr str/bk/wind/locks/seats, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, leather, moonr, 12,933 mi, STK #3U83, VIN #1Z181111
\$26,995

2002 Lincoln LS V8 Sedan
V8, auto trans, pwr str/bk/wind/locks/seats, AIR, AM/FM stereo cass, tilt, cruise, r def, tint, leather, moonr, 12,933 mi, STK #3U83, VIN #1Z181111
\$29,995

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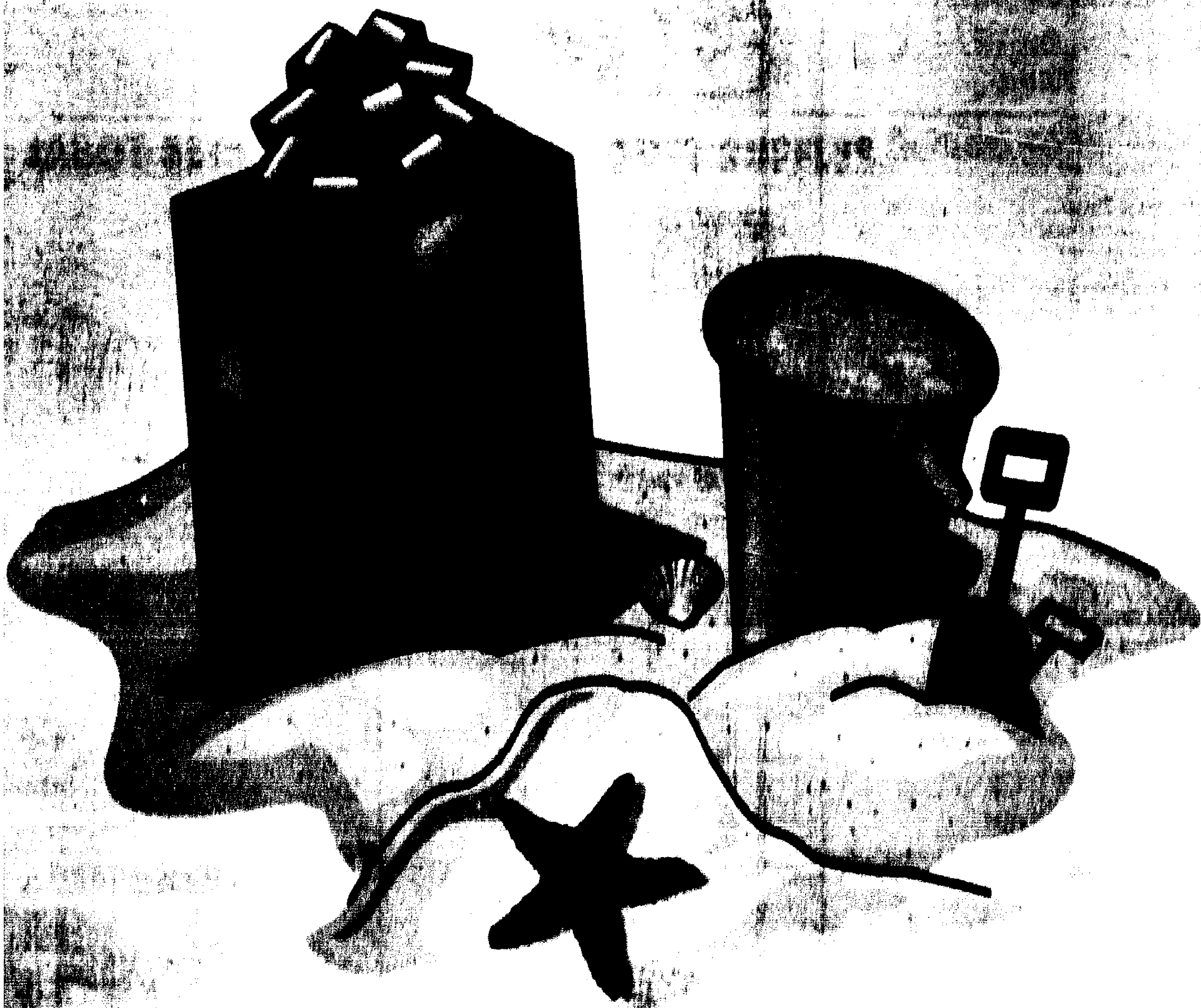
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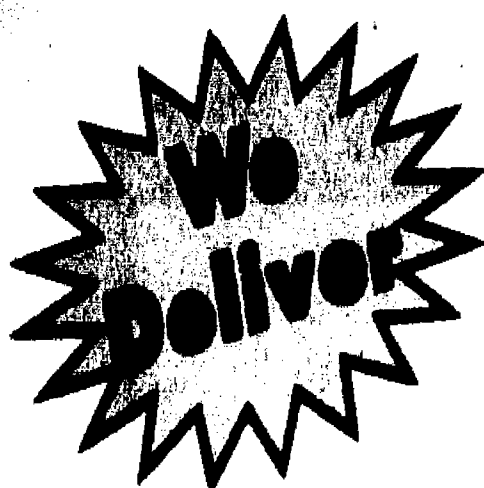
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CHRISTMAS IN JULY

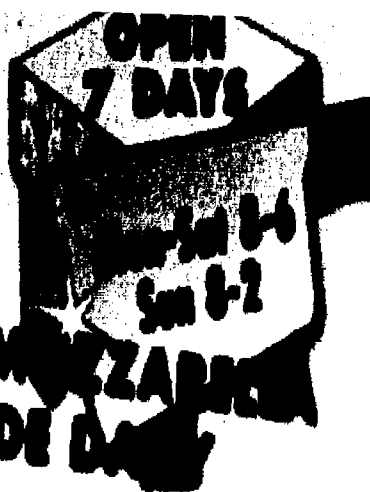
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Subs & Heroes 3' - 6' Heroes

We use only the best Brick Oven Baked Italian Bread

Classic Italian Sub..... \$12.00 per foot plus tax
 Ham, Salami, Pepperoni, Mortadella, Sopressata, Cappelletti, Provolone,
 Roasted Peppers, Lettuce, Tomatoes, Oil & Vinegar

American Sub..... \$12.00 per foot plus tax
 Roast Beef, Turkey, Ham, Yellow American Cheese & Domestic Swiss,
 Lettuce & Tomatoes

Chicken Cutlet Sub..... \$14.00 per foot plus tax
 Your choice of Grilled or Fried Chicken Breast with fresh Mozzarella,
 Roasted Peppers, Sun Dried Tomatoes, Lettuce & Fresh Tomatoes

Eggplant Sub..... \$12.00 per foot plus tax
 Fried Eggplant, Broccoli Rabe, Fresh Mozzarella & Sun Dried Tomatoes

All subs include our homemade potato and
 macaroni salads at no extra charge

Federico's

Platters

Finger Sandwich Platter..... \$6.00 per section plus tax
 Quartered and Stuffed with your choice of Meats & Cheeses
 (on White, Wheat or Rye)

Assorted Cheese Platter starting at **\$20.00** plus tax
 Imported Italian, French and German Cheeses Decorated Beautifully on
 a Platter with Assorted Crackers

Mozzarella & Tomato Platter starting at **\$20.00** plus tax
 Homemade Fresh Mozzarella, Sliced Vine Ripe Tomatoes & Fresh Basil
 with Extra Virgin Olive Oil

Credito Platter starting at **\$30.00** plus tax
 Fresh Cut Raw Vegetables including Broccoli, Celery, Carrots, Cherry
 Tomatoes, Cucumbers, Peppers Beautifully Arranged around our Delicate Dip

Italian Antipasto Platter **\$40.00** plus tax
 Hormel Pepperoni, Roasted Peppers, Sopressata, Fresh Mozzarella,
 Artichoke Provolone, Sicilian Green Olives, Bread Sticks Wrapped in
 Prosciutto and Marinated Mushrooms

Jumbo Shrimp Cocktail Platter seasonally priced
 With Lemon Wedges and Spicy Cocktail Sauce

Fresh Fruit Platter starting at **\$20.00** plus tax
 A Colorful Assortment of Fresh Fruit

Sloppy Joe Platters **\$20.00** plus tax
 Three layers of Ham, Turkey or Roast Beef with Swiss
 Cheese, Italian Dressing and Coleslaw (20 sections)

Federico's

Cold Buffet

20 Person Minimum

\$8.00 per person plus tax

We use only the best House Head Brand Cold Cuts in our
 beautifully prepared platters

- Deluxe House Head Ham
- Oven Cold Turkey Breast
- Home Baked Freshly Baked Rolls
- Pinlandia Swiss Cheese
- Macaroni Salad, Potato Salad & Cole Slaw
- Homemade Top Roast Beef
- Dilusio Genoa Salami
- Land of Lakes American Cheese
- Mayonnaise & Mustard
- Cookie Tray

Cold Buffet with Antipasto
\$7.00 per person plus tax

Federico's

A la Carte Menu

Chicken	Half Trays	Full Trays
Chicken Francise	\$35	\$65
Chicken Marsala	\$35	\$65
Chicken Cacciatore	\$35	\$65
Chicken Murphy	\$35	\$65
Chicken Cordon Bleu	\$40	\$70
Chicken Fingers	\$35	\$65
Honey Fried Chicken	\$35	\$65
Chicken Parmigiana	\$35	\$65
Chicken with artichoke hearts in a white wine sauce	\$35	\$65

Pork	Half Trays	Full Trays
Sausage and Peppers	\$30	\$55
Roast Pork Loin	\$35	\$65
Spiral Ham	\$35	\$65
BBQ Ribs	\$35	\$65
Pork and Mushrooms	\$35	\$65
Sausage with Broccoli Rabe	\$35	\$65

Pasta	Half Trays	Full Trays
Stuffed Shells	\$35	\$65
Penne Vodka	\$35	\$65
Pasta Primavera	\$30	\$55
Pettucini Alfredo	\$35	\$65
Linguine with Red or White Clam Sauce	\$35	\$65
Baked Ziti	\$30	\$55
Rigatoni w/Pileto Di Pomodoro	\$35	\$65
Tortellini Carbonaro	\$35	\$65
Lasagna	\$40	\$75
Hoties with Pesto	\$30	\$55
Cavettelli with Broccoli	\$35	\$65

Beef	Half Trays	Full Trays
Steak Murphy	\$40	\$75
Meatballs	\$35	\$65
Roast Beef Au Jus	\$35	\$65
Steak Pizola	\$35	\$65

Veal	Half Trays	Full Trays
Veal Cutlet Parmigiana	\$35	\$65
Veal Marsala	\$35	\$65
Veal Francise	\$35	\$65
Veal and Peppers	\$35	\$65
Veal Rollatini	\$40	\$75

Eggplant	Half Trays	Full Trays
Eggplant Parmigiana	\$35	\$65
Eggplant Rollatini	\$35	\$65

Sides & Vegetables	Half Trays	Full Trays
Broccoli Rabe	\$35	\$65
Broccoli Craganato	\$25	\$45
Banited String Beans	\$25	\$45
Mixed Vegetables	\$25	\$45
Roasted Potatoes	\$25	\$45
Fried Zucchini	\$25	\$45
Rice Pilaf	\$20	\$35

Fish	Half Trays	Full Trays
Baked Clams	\$45	\$90
Shrimp Francise	\$55	\$100
Shrimp Craganato	\$55	\$100
Shrimp Parmigiana	\$55	\$100
Fried Calamari	\$40	\$75
Zuppa Di Mussels	\$35	\$65

Federico's

Hot Buffet Plans

20 Person Minimum

\$8.00 per person plus tax and deposit

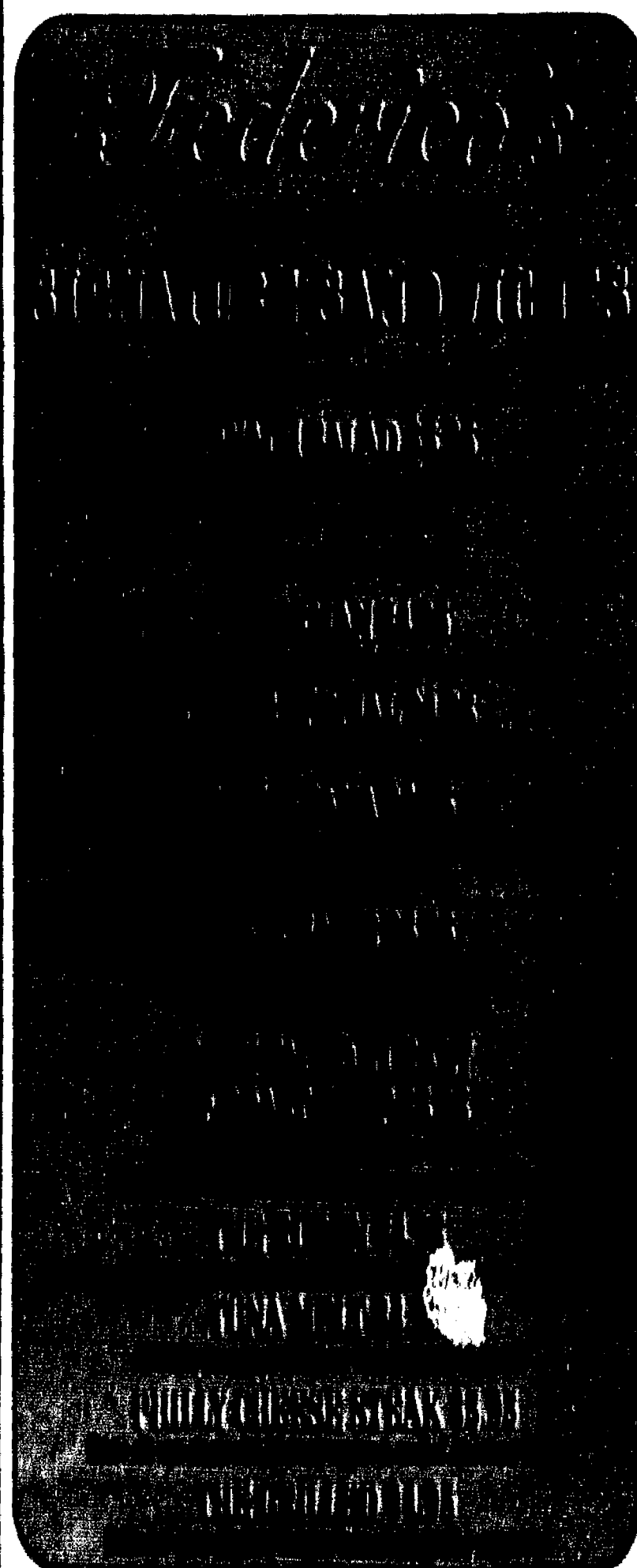
Includes: 2 Pastas, 2 Meats, 1 Eggplant, 1 Side serving Spoons, Freshly
 Baked Italian Bread, Italian Butter Cookies, Racks, Sternos & Water
 Pans

\$10.00 per person plus tax and deposit

Includes: 2 Pastas, 2 Meats, 1 Eggplant, 1 Side Tossed Garden Salad
 with House Vinegrette, Freshly Baked Italian Bread, Serving Spoons,
 Italian Butter Cookies, Racks, Water Pans, Racks and Sternos

\$12.00 per person plus tax and deposit

Includes: 1 Pasta, 2 Meats, 1 Side plus Federico's Cold Buffet, Also
 Fresh Italian Bread, Tossed Garden Salad with House Vinegrette,
 Serving Spoons, Waterpans, Racks, Sternos and Italian Butter Cookies



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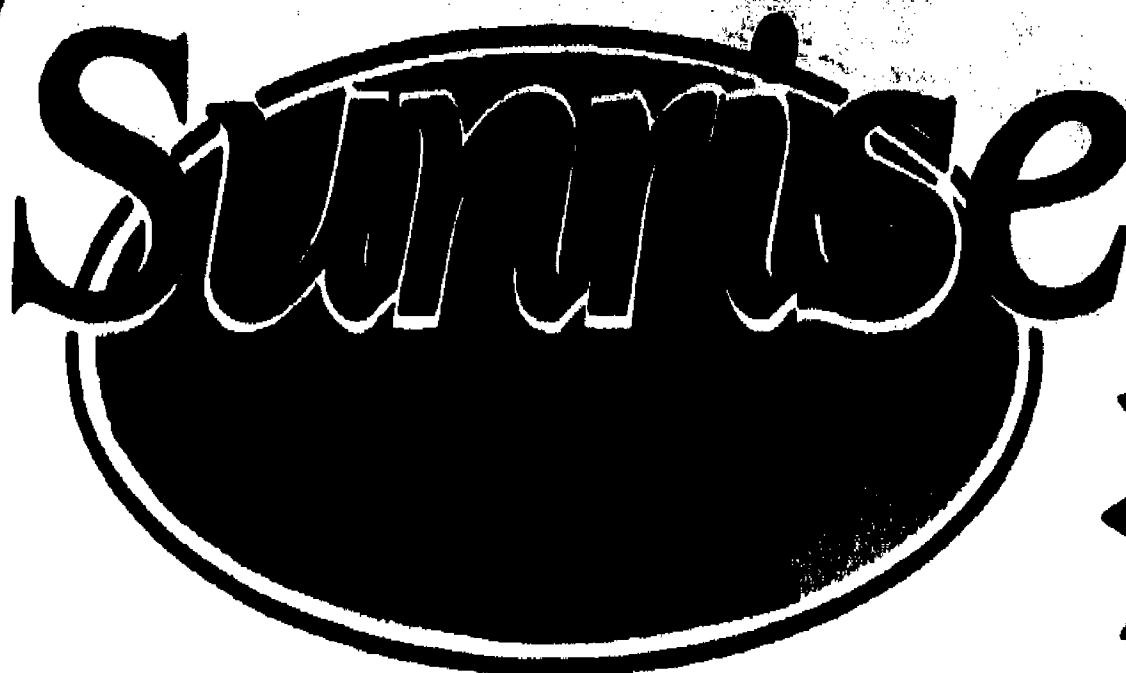
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11 A.M. TO 4:00 P.M.

SERVED WITH CUP OF SOUP

TOSSED SALAD WITH ANY LUNCH SPECIAL
\$1.00 ADDITIONAL



CROCK OF ONION SOUP

A YOUR CHOICE OF 1/2 SANDWICH
\$4.95


CHICKEN POT PIE (Sat Dish)	0.75
FRENCH DIP - Grilled Beef with French Onions and Melted Cheddar on a Garlic Hero with French Fries	0.75
PORK or CHICKEN SOUVLAKI - with French Fries and Greek Salad	0.95
FRIED CALAMARI - with French Fries	0.95
BROILED BOSTON SCROD - with Potatoe or Vegetable	7.95
LOW CAL CHICKEN - Grilled Breast of Chicken served over Sauteed Spinach	0.95
BROCCOLI & MOZZARELLA OMELETTE - with Potato and Toast	5.75
ENGLISH STYLE FISH & CHIPS	0.25
PASTRAMI & CORNED BEEF TWIN ROLL DELUX	0.25
GREEK PASTA - Sauteed Fresh Spinach, Mushrooms, Tomatoes, Onions & Garlic, topped with Ricotta Cheese, topped with Feta Cheese	0.95
DIET DELIGHT - Cottage Cheese, Fresh Fruit, Salad & Jelly	0.25
STUPPED PITA - with Shrimp or Chicken Salad, served with Fresh Fruit Salad	0.95
GRILLED LEMON PEPPER CHICKEN DELUXE - on a Bun	0.95
OYRO - 0.95 DELUXE with French Fries	7.95
SPINACH PIE - served with Greek Salad	0.95
SIGANO CHICKEN - with Broccoli & Mushrooms over Rice	0.95
MOUSSANA - Layers of Eggplant, Potato and Seasoned Ground Beef, topped with Béchamel Cream Sauce, served with Greek Salad	0.95
CHICKEN SENSATION DELUXE - Grilled Chicken with Bacon and Melted Mozzarella on a Roll	0.95
HAPPY WAITRESS - Open Faced Grilled Chicken with Bacon and Tomato served with French Fries	0.95
JR. TURKISH SALAD PLATTER	0.95
JR. CHICKEN SALAD PLATTER	0.95
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GARDEN OMELETTE - served with French Fries and Toast	0.95
WESTERN OMELETTE - served with French Fries and Toast	0.95
D.I.T. - Bacon, Lettuce & Tomato on a Roll, served with French Fries	0.75
PENNE ALA VODKA	0.75
CHEESE RAVIOLI - with Tomato Sauce	0.95



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SERVED WITH SOUP & SALAD BAR

MY BIG FAT GREEK PASTA - Sauteed Fresh Spinach with Mushrooms, Tomatoes, Onions & Garlic, topped with Ricotta Cheese, topped with Feta Cheese, topped with Shrimp

PENNE PRIMAVERA - Mushrooms, Green Peas, Spinach, Broccoli, Currants, Corn & Sautéed Tomatoes in a Garlic Sauce	0.95
FETTUCCHINI CARBONARA - with Bacon and Sweet Peas	0.50
PASTICINO - Layers of Thick Macaroni & Seasoned Ground Beef, topped with Bechamel Cream Sauce, oven-baked	0.95
PASTA MARIA - Angel Hair Pasta with Artichokes, Fresh Basil, Tomato, Feta Cheese and Oregano	0.95
with Shrimp	10.95
PENNE & CHICKEN NEW ORLEANS - in a Light Cream Sauce (Spicy)	10.95
<hr/>	
TORTELLINI - with Broccoli in Cream Sauce	0.95
with Broccoli in Pesto Sauce	0.95
LINGUINI - with Chicken, Shrimp & Sun Dried Tomato in a Zesty Garlic Sauce	10.95
LINGUINI - with Shrimp & Scallops in Marinara Fire-Dripped or Zesty Garlic Sauce	10.95
LINGUINI - with Chicken, Broccoli and Sun-Dried Tomatoes in Marinara or Garlic Sauce	0.95
FETTUCCHINI ALFREDO - with Chicken & Broccoli	0.95
with Shrimp & Scallops	10.95
FETTUCCHINI ALFREDO - with Broccoli & Mushrooms in Cream Sauce	0.95
PENNE PESTO - with Chicken	0.95
with Shrimp & Scallops	10.95
PENNE ALA VODKA 0.95 with Chicken	0.95
PENNE ALA ADRIANA - with Sun-Dried Tomatoes, Mushrooms & Roasted Peppers in a Garlic Sauce	0.95
	
DOWTIES - with Shrimp with a Pesto Sauce	10.95
DOWTIES - with Grilled Chicken and Sautéed Vegetables	0.95
DOWTIES - with Pesto, Shrimp & Fresh Spinach in a Marinara Sauce	10.95
CANATELLI - with Broccoli in Garlic Sauce	0.95 with Chicken
CHEESE RAVIOLI AMORE - topped with Sun Dried Tomato & Spinach in a Light Cream Sauce	0.95



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(AND EVERYONE) SPECIALS**

11 AM - 9 PM

YOUR CHOICE \$9.95

SERVED WITH CUP OF SOUP • SALAD BAR • HOT COFFEE or HOT TEA and DESSERT
CHOICE OF: RICE, BREAD OR CHOCOLATE PUDDING • JELLY • PE • ICE CREAM OR PASTRY FROM COUNTER

1. BAKED MEAT LASAGNA
2. ROAST SIRLOIN of BEEF or BIRCHET with Potato & Vegetable
3. FRIED FILET of SOLE with Potato, Vegetable & Tartar Sauce
4. PENNE ALA VODKA with Chicken
5. BROILED or ROAST HALF SPRING CHICKEN with Potato, Vegetable & Applesauce
6. EGGPLANT PARMESEANA with Linguini
7. RIGATONI with Chicken & Broccoli (Marinara or Garlic Sauce)
8. ROAST FRESH HAM with Brown Gravy, Potato & Vegetable
9. CHEESE RAVIOLI with Marinara or Pesto
10. BROILED CHOPPED STEAK with Sauteed Onions, Potato & Vegetable
11. BAKED MEATLOAF with Mushroom Sauce, Potato & Vegetable
12. SAUTIED BEEF LIVER with Onions or Bacon, Potato & Vegetable
13. SAUTIED CHICKEN TERIYAKI over Rice

YOUR CHOICE \$10.25

- ROAST TURKEY with Stuffing, Potato & Vegetable
- ODD COUPLE: Stuffed Filet with Crabmeat & Stuffed Chicken Breast with Spinach & Feta Cheese, served with Potato & Vegetable
- SAUTIED CHICKEN MARINARA or FRANCANI with Potato & Vegetable
- BROILED STUFFED FILET with Crabmeat or Spinach and Potato, Potato & Vegetable
- BROILED FILET of SALMON with Potato & Vegetable
- VEAL MARINARA or FRANCANI with Potato & Vegetable
- BROILED PORK CHOPS with Potato & Vegetable
- BROILED BOSTON SCROD with Shrimp Sauce, Potato & Vegetable
- CHICKEN & EGGPLANT PARMESEANA with Linguini
- SAUTIED CALAMARI over Linguini
- BROILED PORK CHOP & Pure Sauteed Mushrooms with Potato & Vegetable
- SALAD LONDON BROCK with Mushroom Sauce, Potato & Vegetable
- BROILED RIB STEAK with Onion Rings, Potato & Vegetable
- BARBECUE CHICKEN & RICE with Potato & Vegetable
- CHICKEN CORBON BURR with Mushroom Sauce, Potato & Vegetable
- ITALIAN COMBO (Chicken Parmigianese & Baked Meat Lasagna)
- CHICKEN KABOB over Rice with Peppers, Onions, Tomatoes & Mushrooms

No Substitutions, Please

PHOTOS ARE FOR SUGGESTIONS ONLY - ACTUAL PLATERS MAY APPEAR DIFFERENT

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\$2.65 Breakfast Specials

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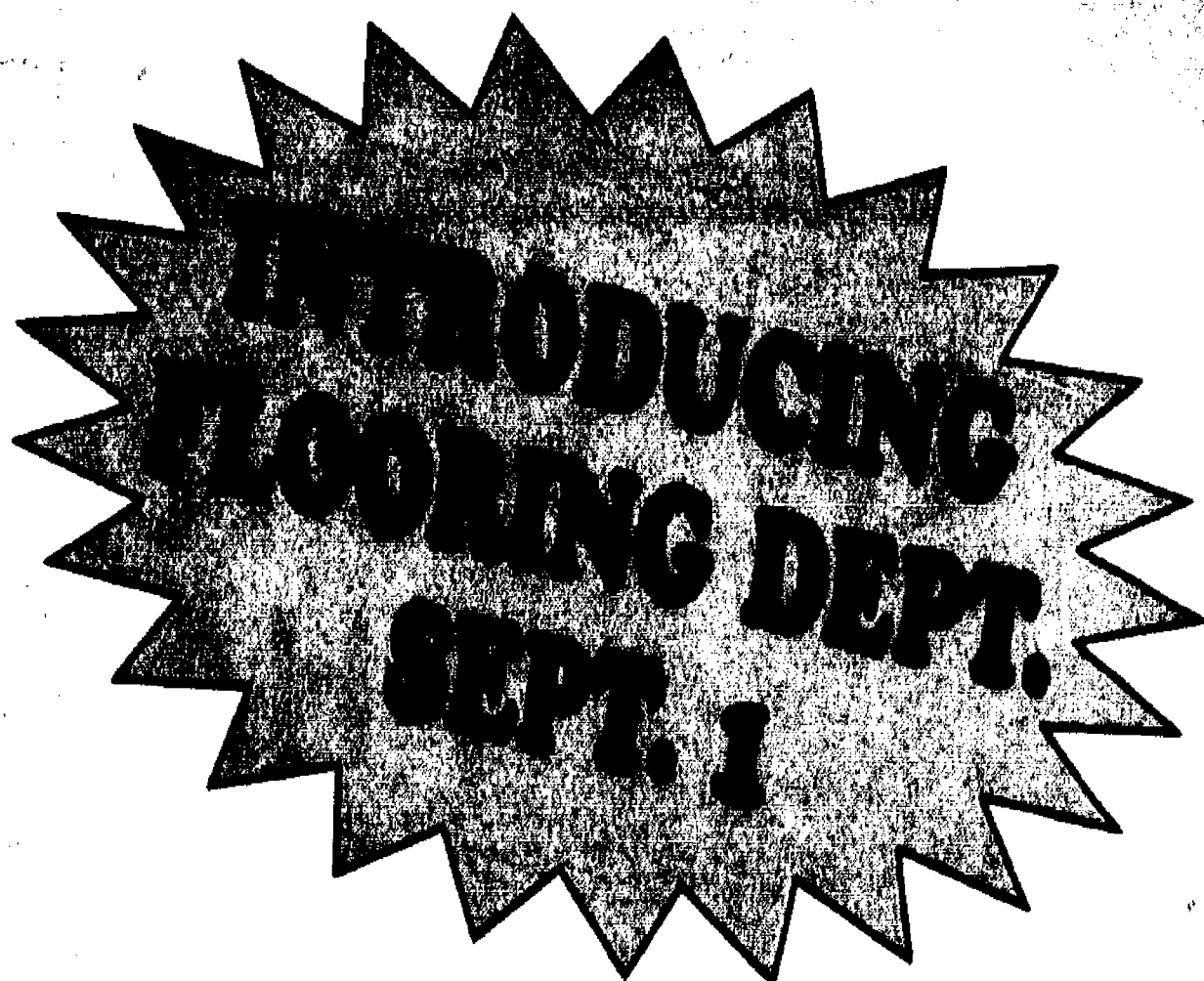
Served with coffee or tea

Two eggs any style w/homefries & toast

or
Pancakes
or
French Toast

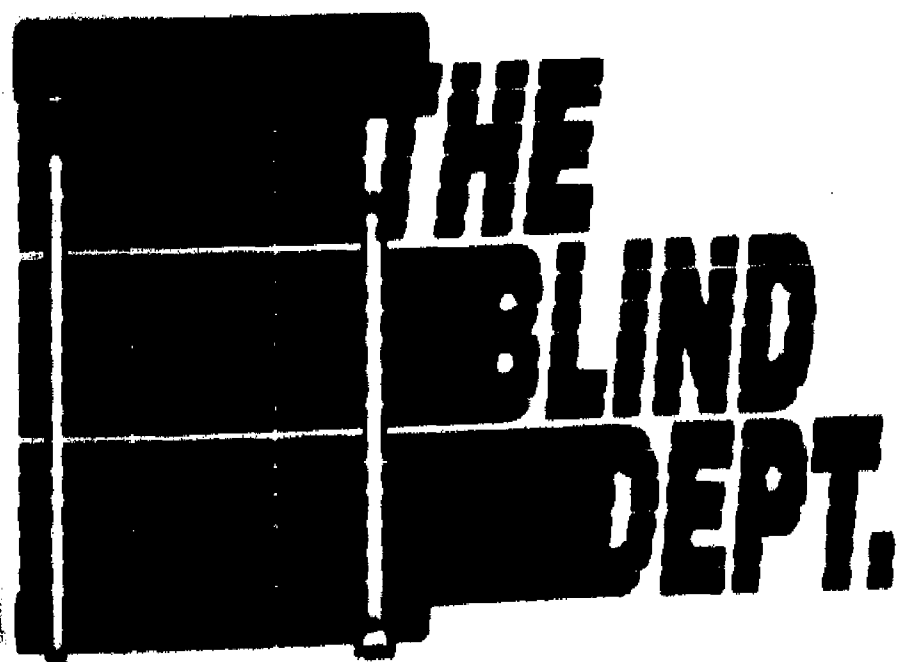
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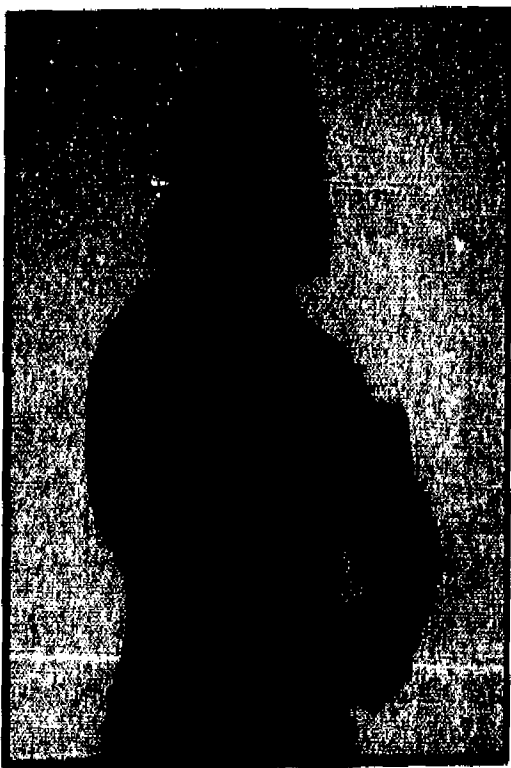
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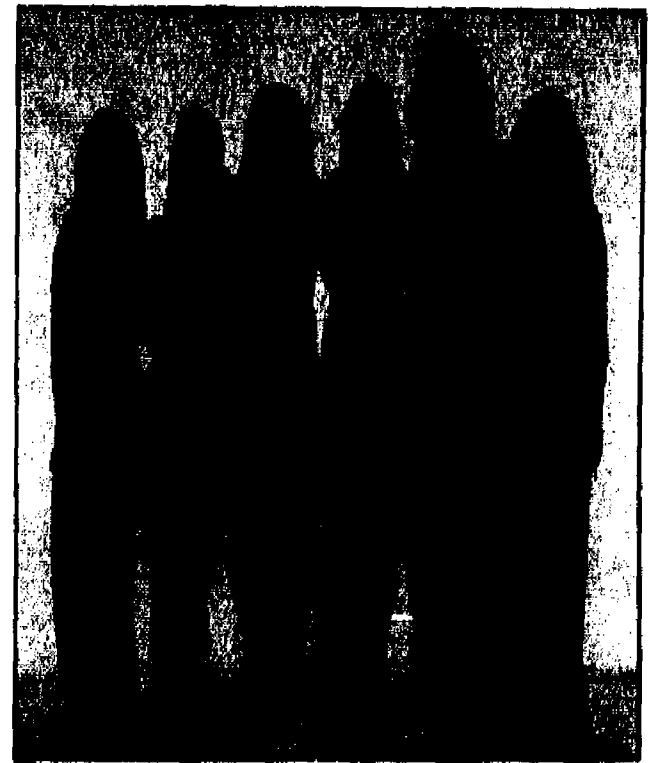
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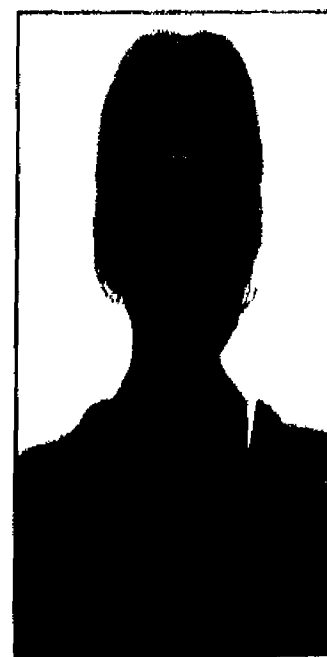
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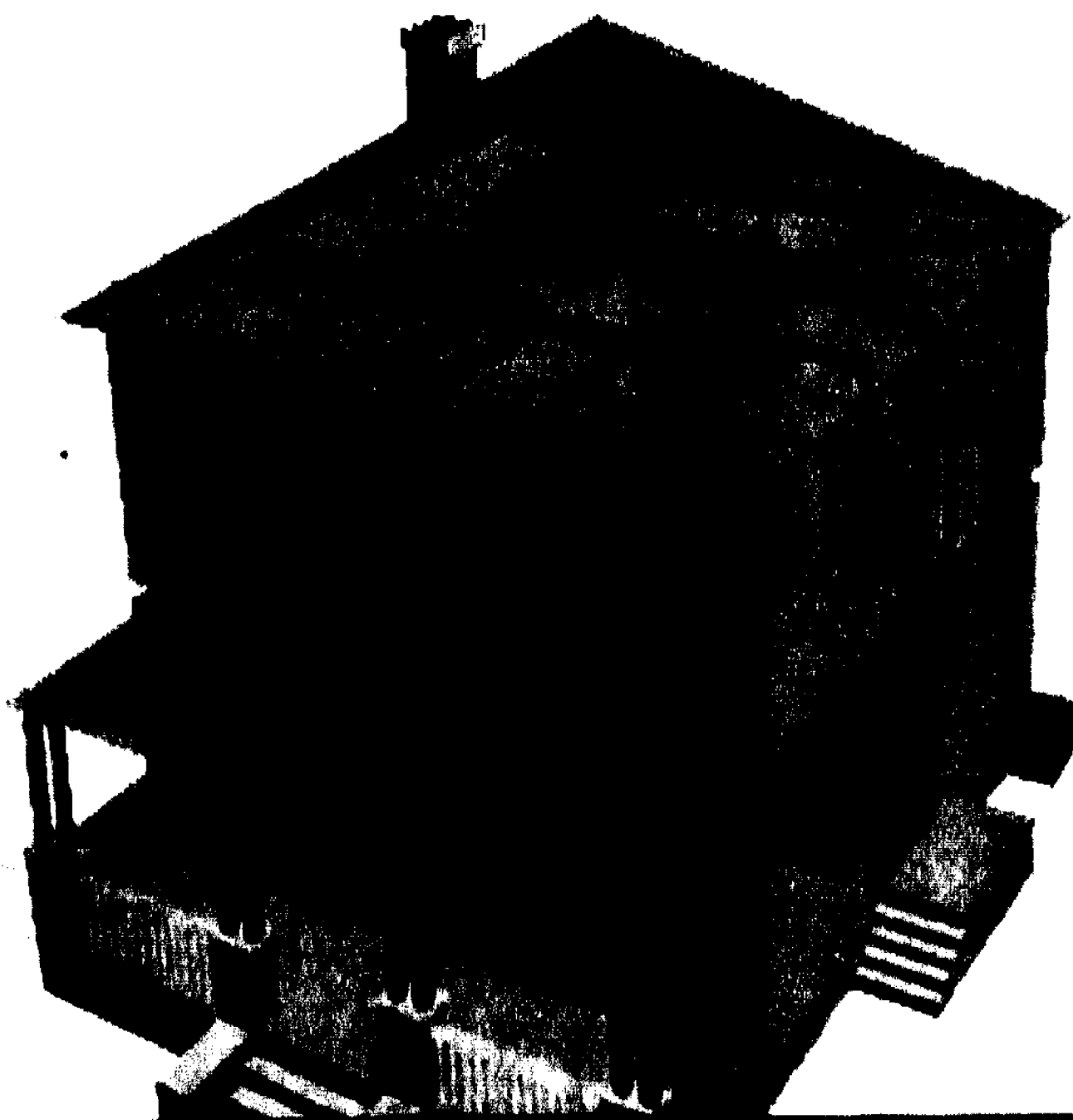
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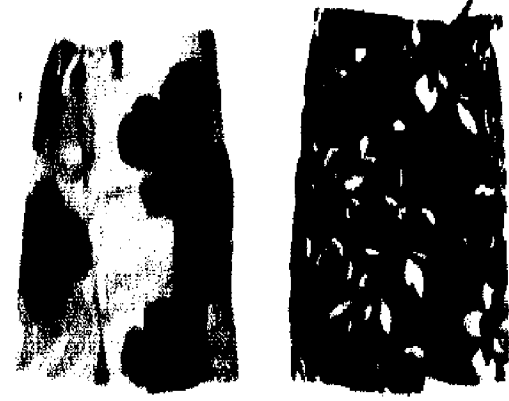
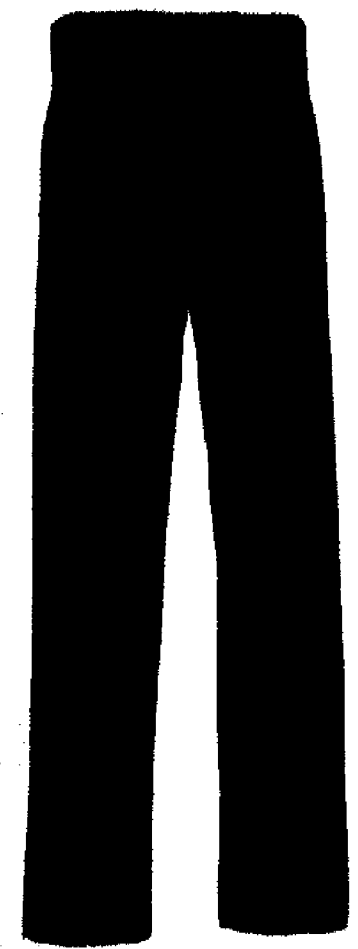


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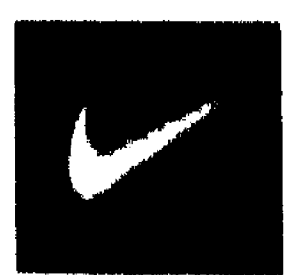
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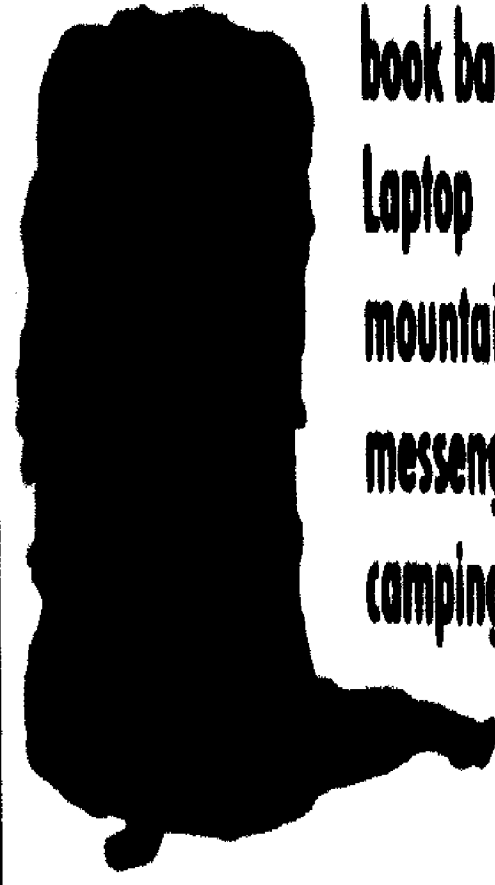
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SAUCONY


new balance



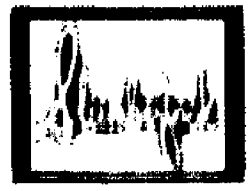
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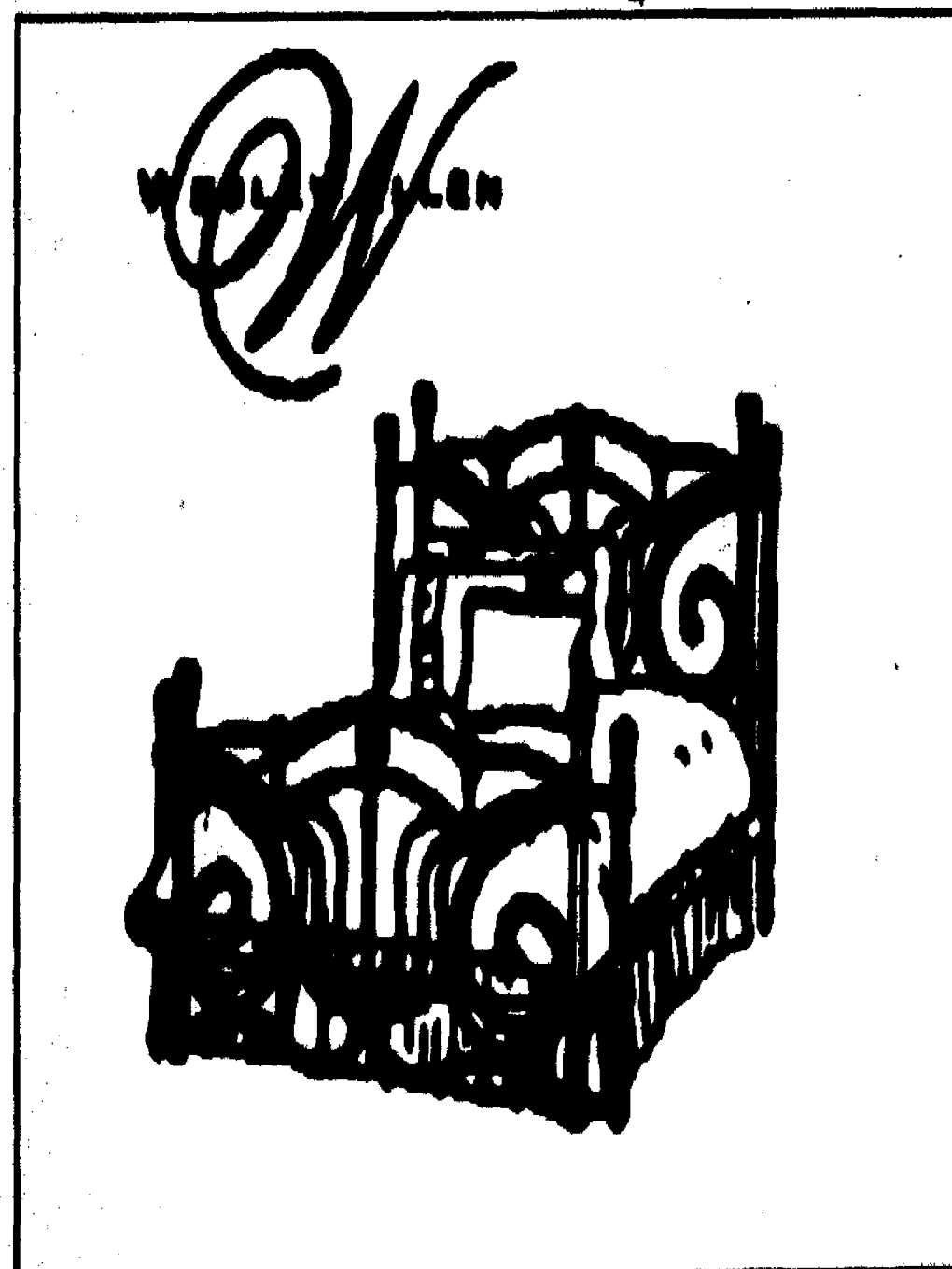
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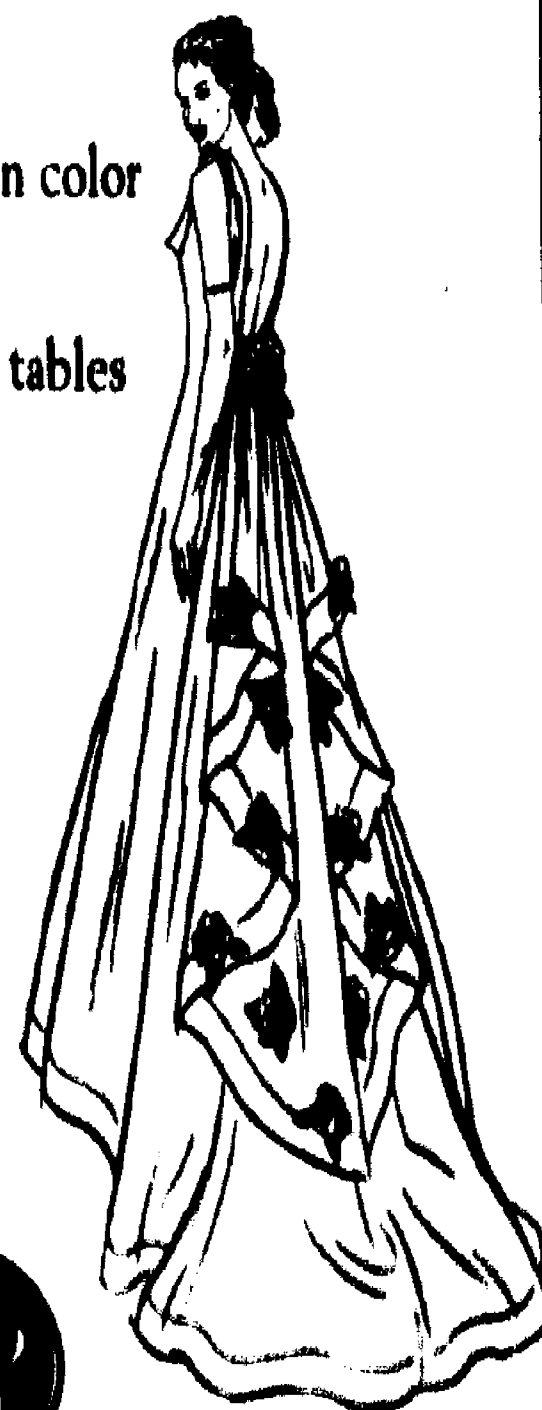
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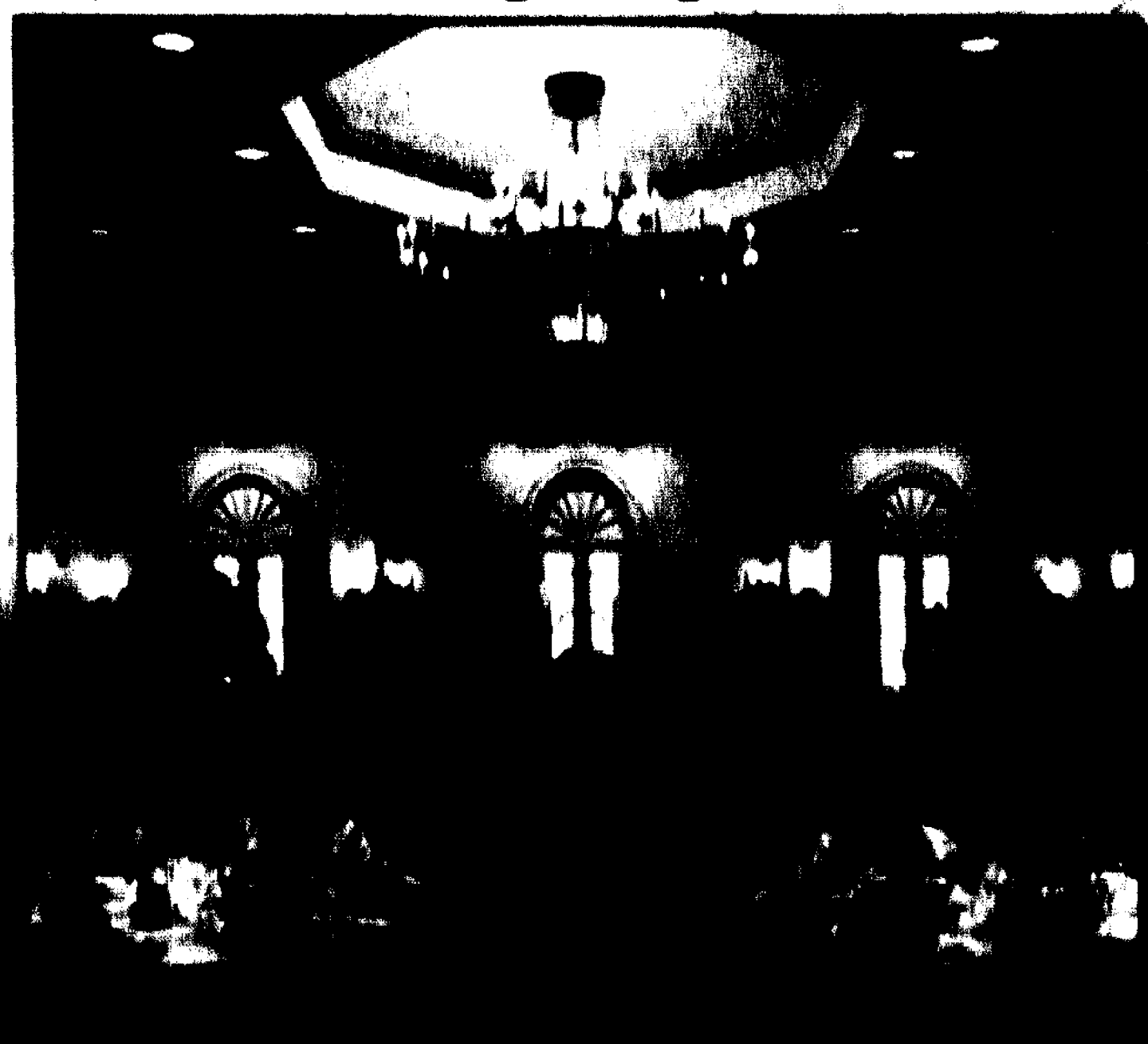
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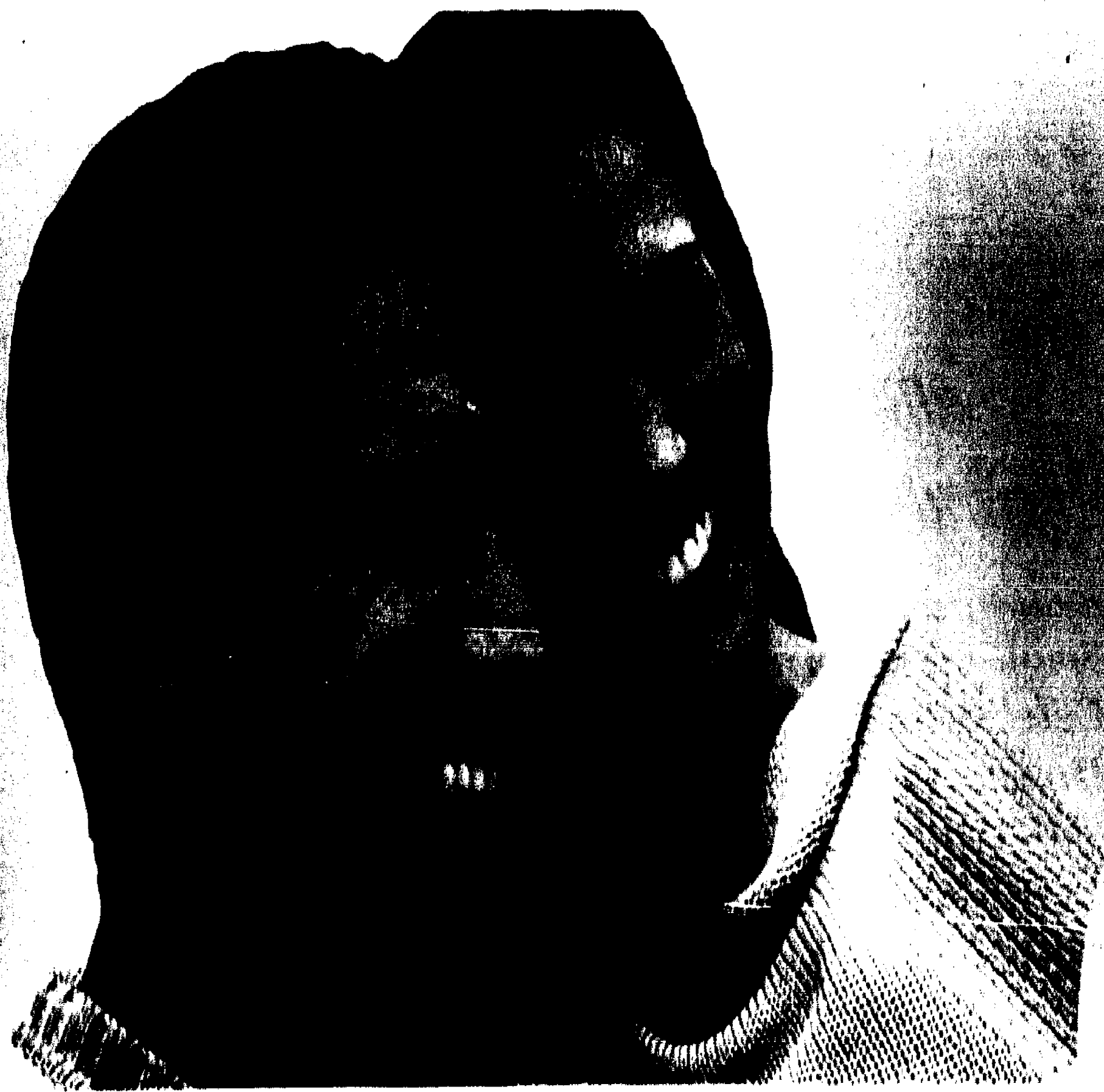
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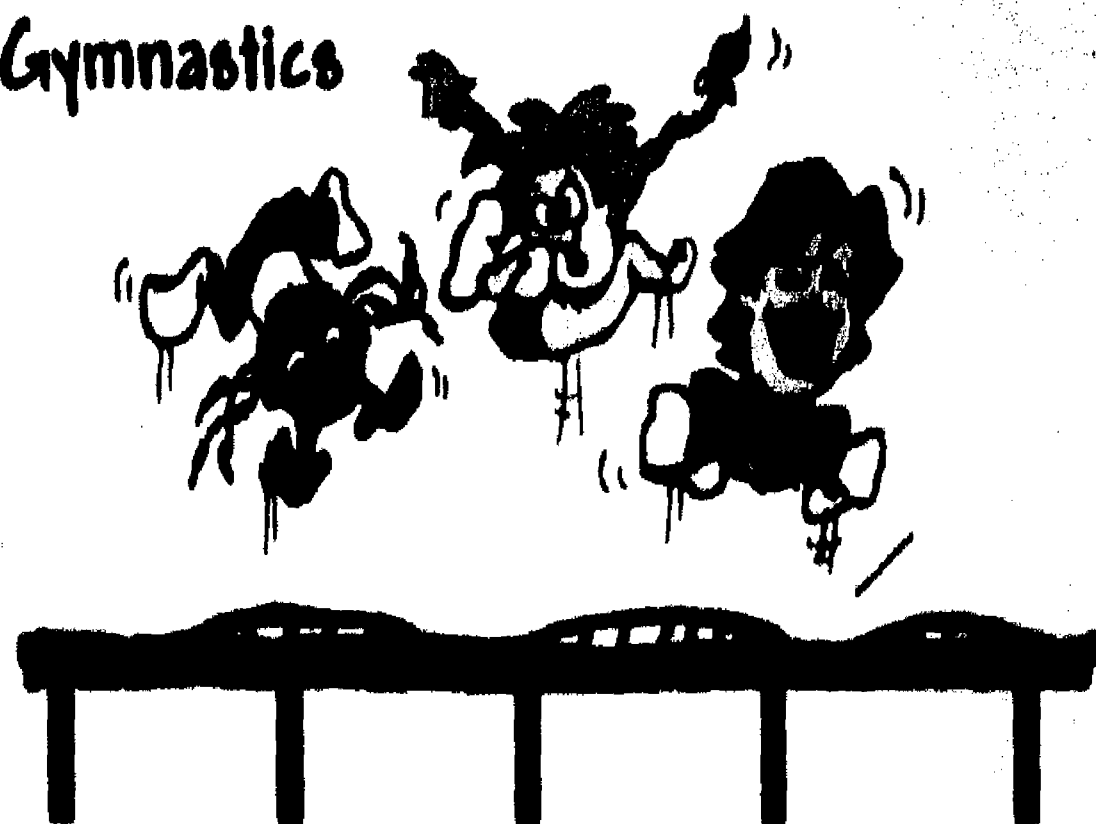
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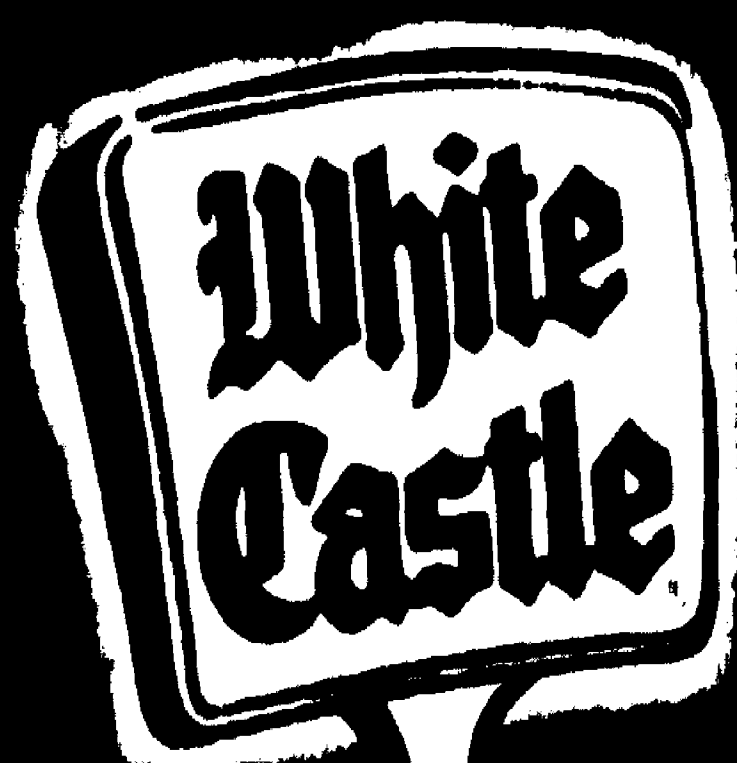
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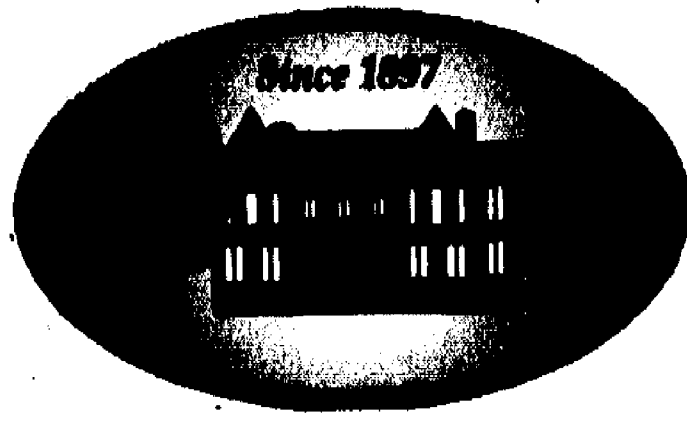
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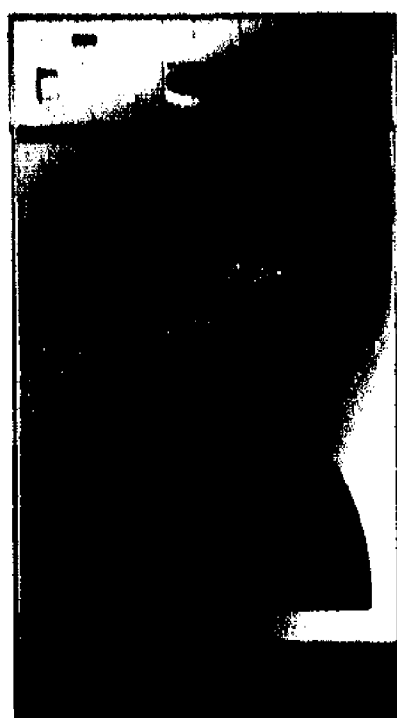
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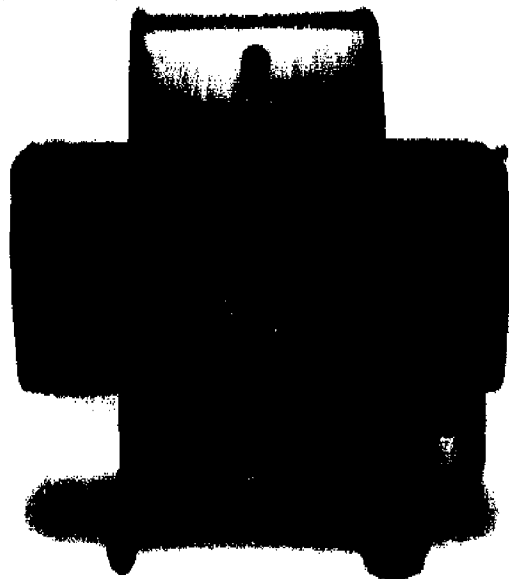


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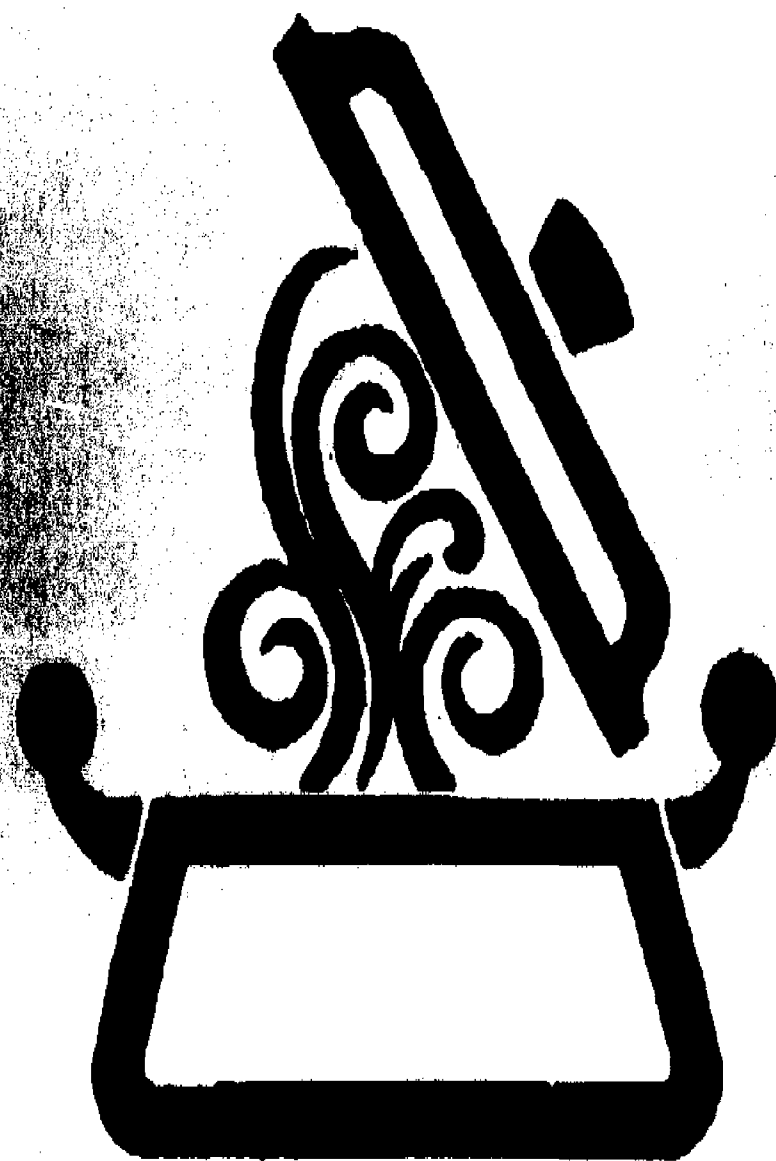
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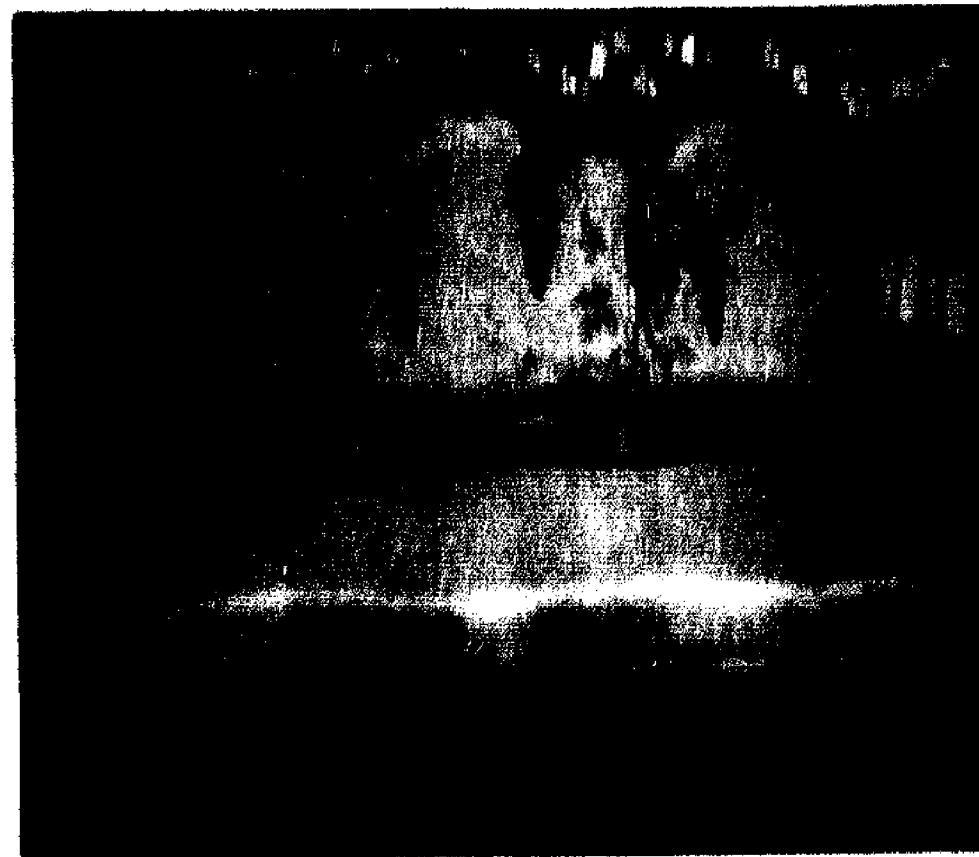
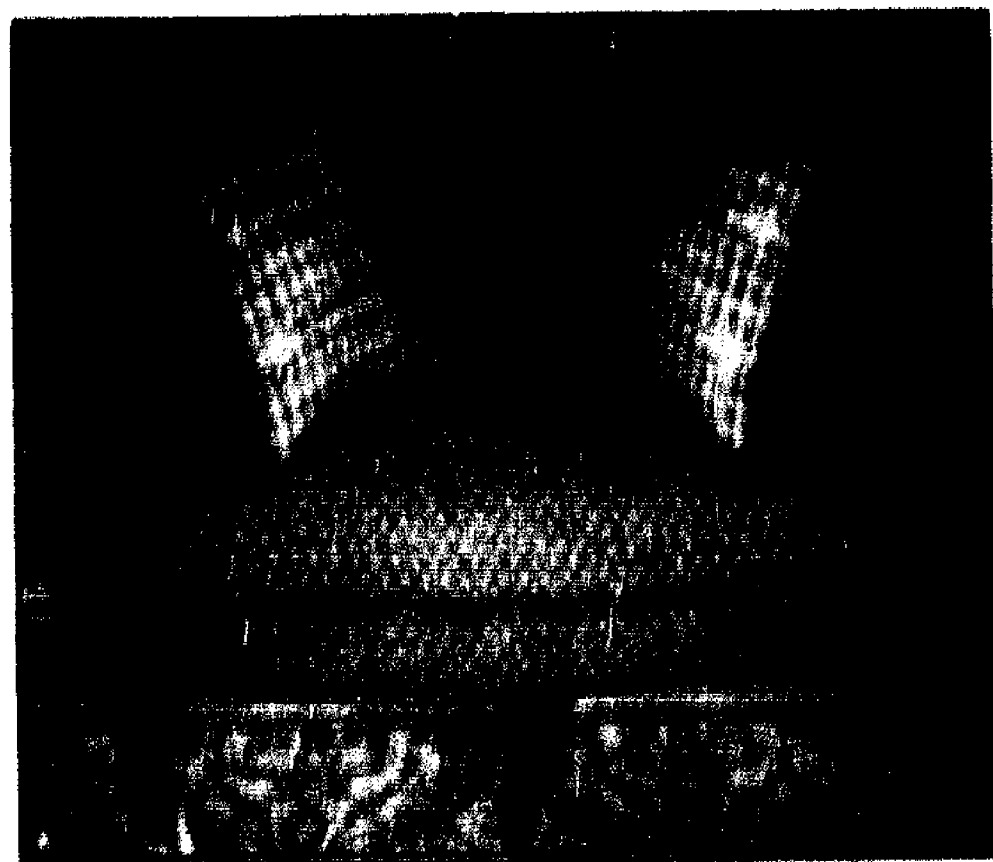
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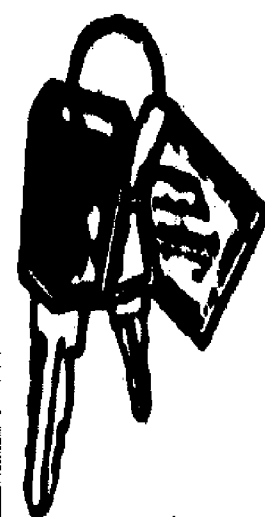
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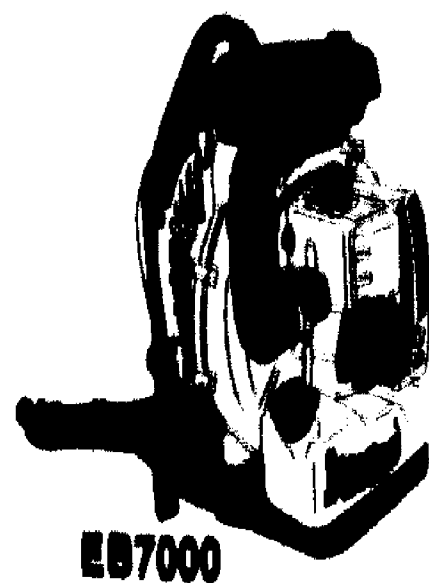
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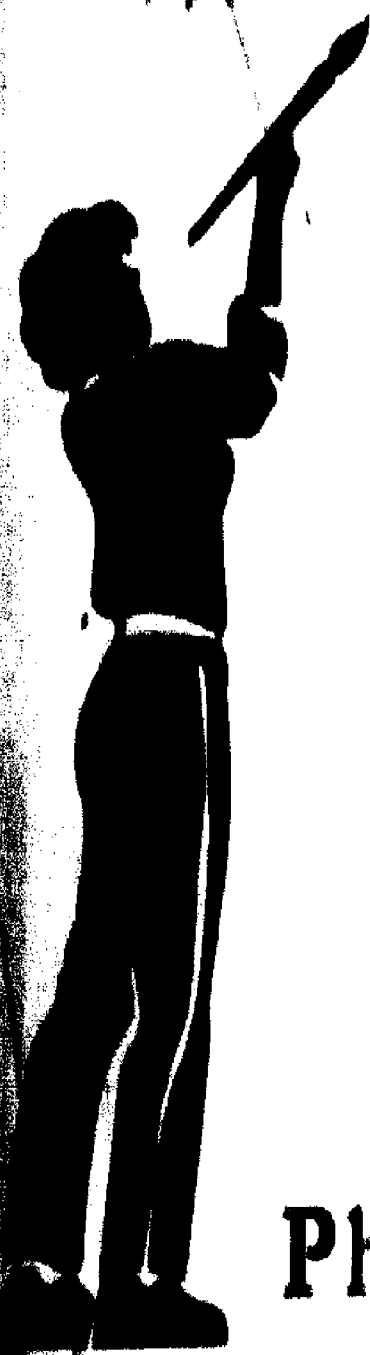
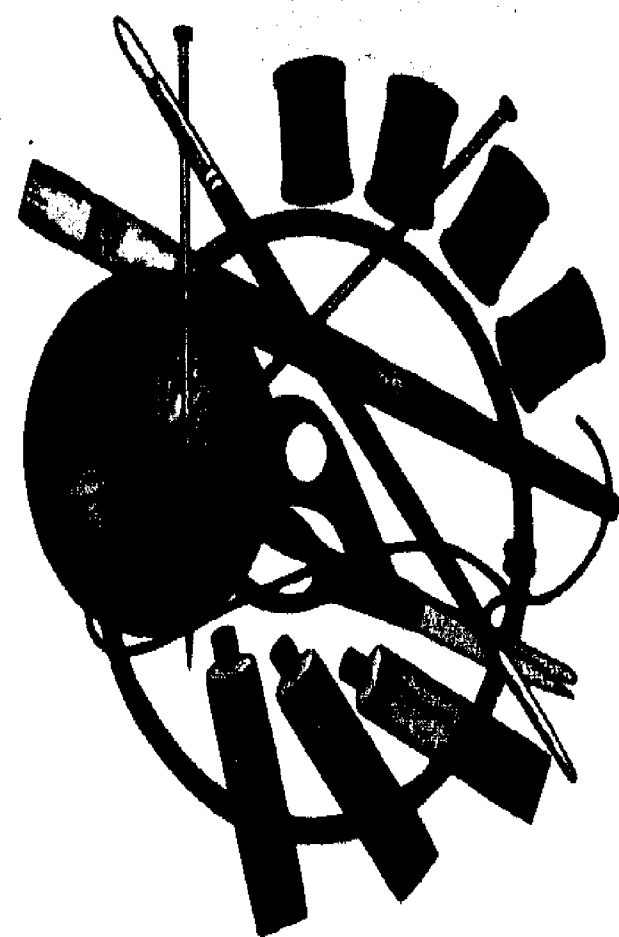
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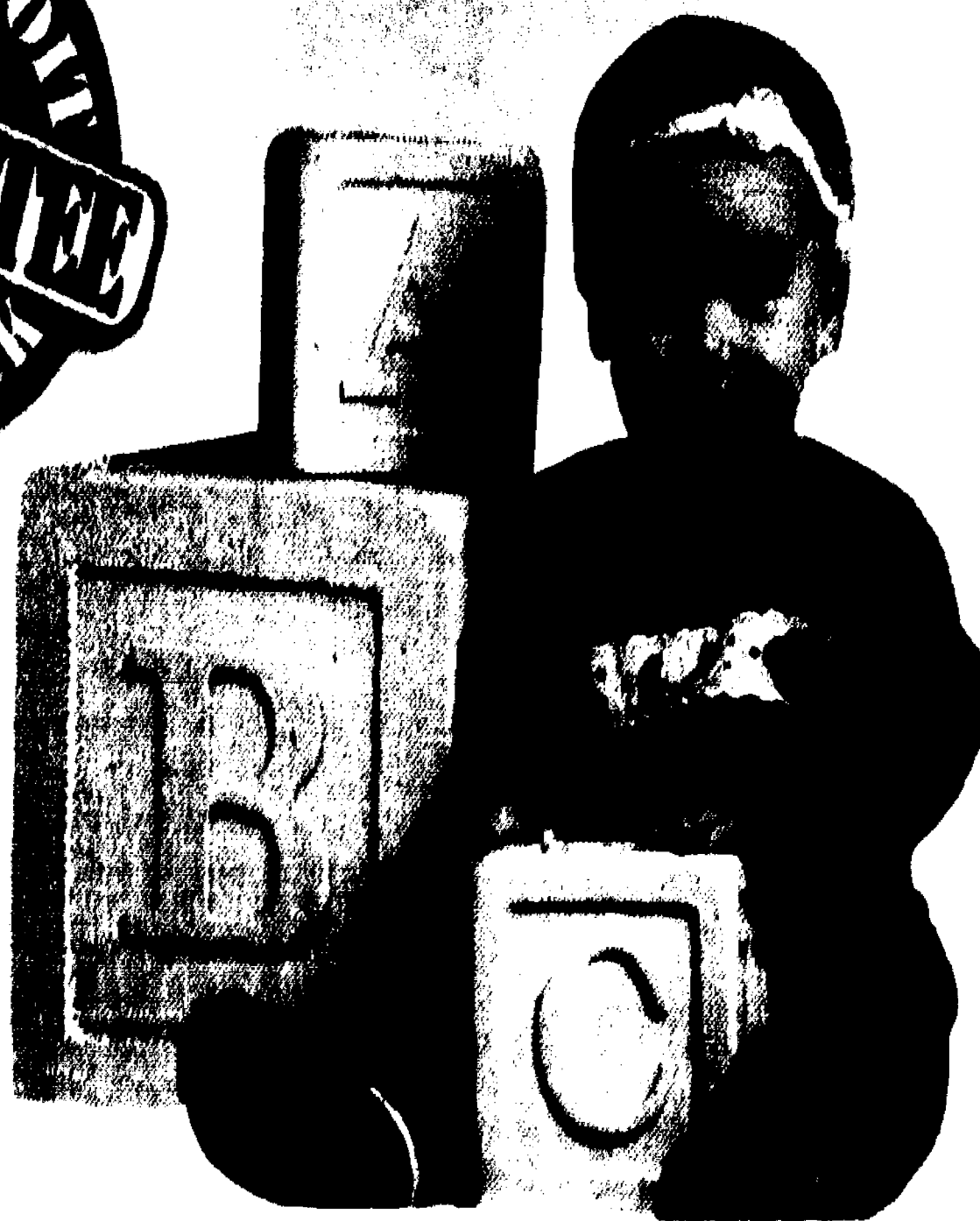
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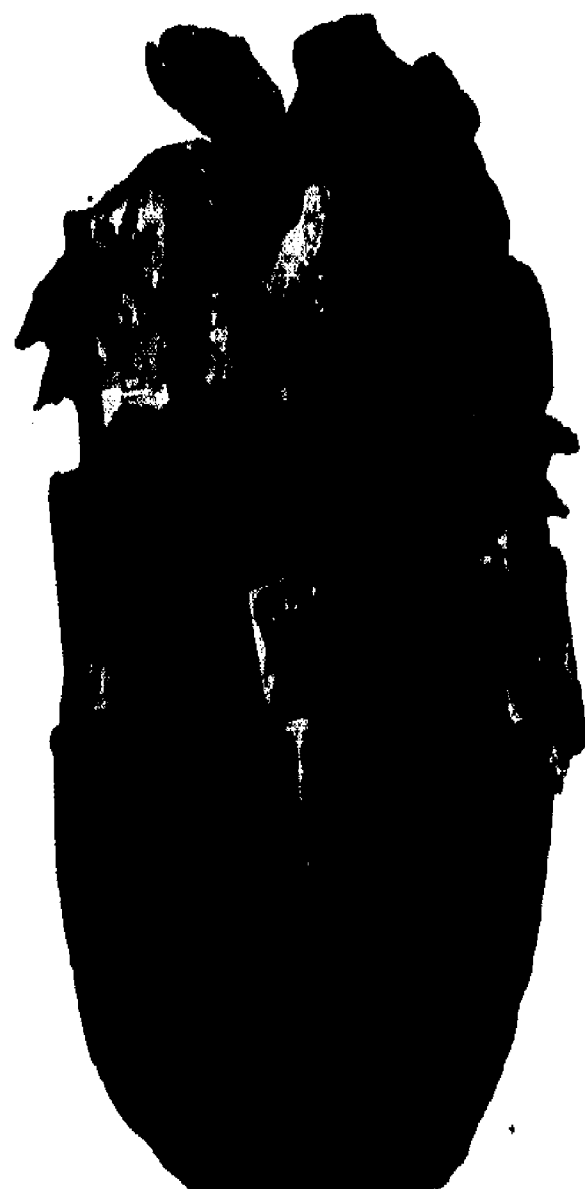
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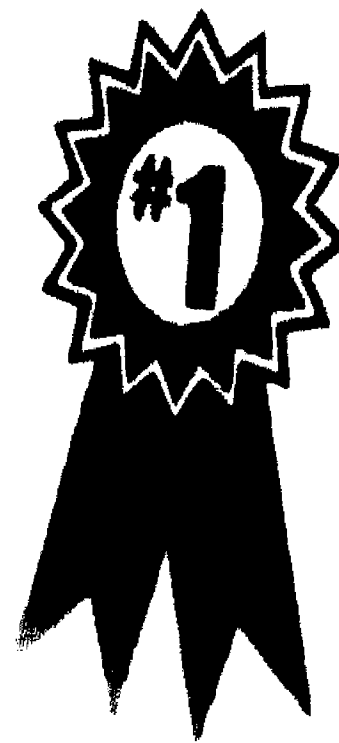
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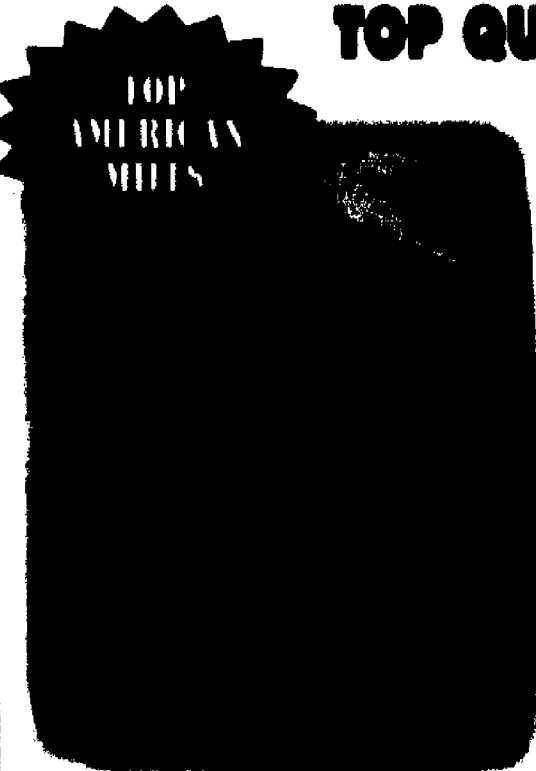
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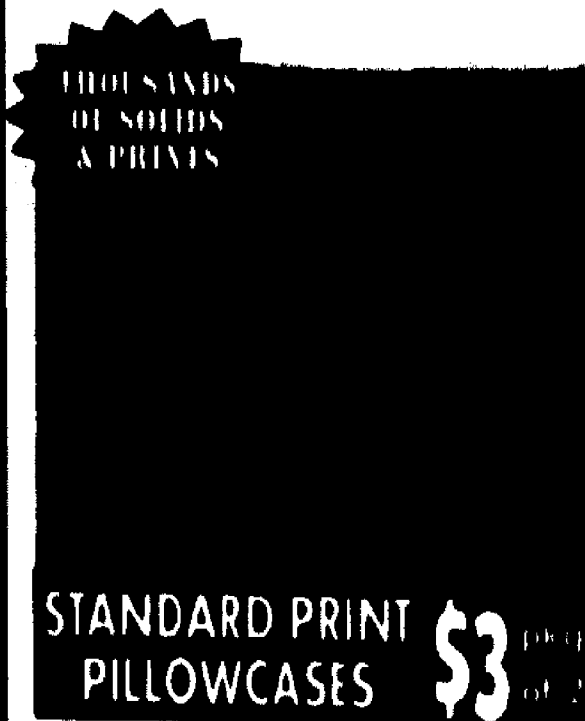
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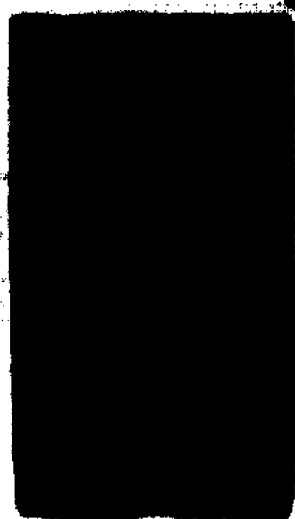
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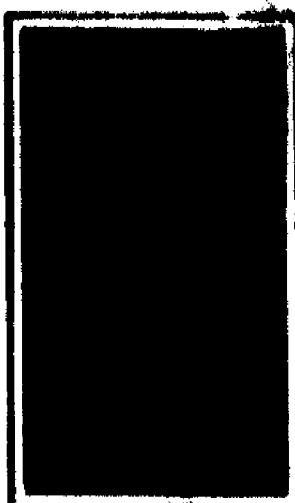
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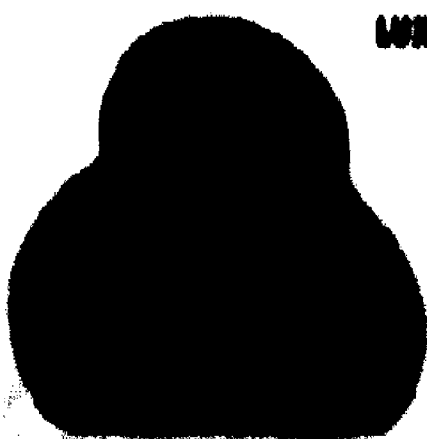
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